



# Primary Press



## Hawaiian Paradise



Does a Hawaiian escape sound fun? Envision your kids contentedly building sand castles or laughing as waves lap at their heels while you worship the sun and sip on a cool drink. Not everyone can travel to Hawaii this summer so let's transform our environments into a wonderful oasis.



Add sun glasses, brightly colored flowered shirts, grass skirts and flip flops adorned with large plastic flowers to your dress-up area. Purchase flip flops at the dollar store and hot glue plastic flowers onto the straps. Each child could have their own pair of exotic sandals to take home.

Designate a learning center in your classroom as a travel agency. The children can explore travel brochures, postcards and posters about Hawaii.

Hawaii is a group of islands surrounded on all sides by water. Point the islands out to the children on a map.



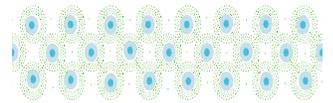
Play the music from Chubby Checker, "Limbo Rock" and get your limbo stick. This game does not need a winner or loser to be fun. Children just love to challenge themselves going lower and lower under the limbo stick. You can also use a beach ball instead of a ball to volley over the net. Have the children take turns hitting the beach ball over the net back and forth.

Whatever you do, have fun, crank up the Elvis CD Blue Hawaii and enjoy your tropical paradise!

## County of Loudoun Family Services

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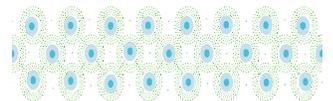
August 2010



*I want to be there*

*The sparkling clear  
blue warm waves*

*Hawaii Island*



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Bring the look and feel of Hawaii to your space with a wide variety of decorations. Hang tropical-colored paper streamers, such as orange, yellow and purple. Place unlit tiki torches, silk flowers, coconuts and pineapples around the room. Beach towels can be seats and blow-up palm trees can finish off the tropical look.

The children can make their own Hawaiian lei out of tissue paper. Give each child a piece of embroidery thread long enough that when tied it will go over their head. Provide several different colors of tissue paper cut into squares with a hole punched in the center. Let the children thread the tissue paper onto the embroidery thread and tie the ends together to make their lei.



## Book Corner



### From Hawaii with Aloha, Grandma and Grandpa

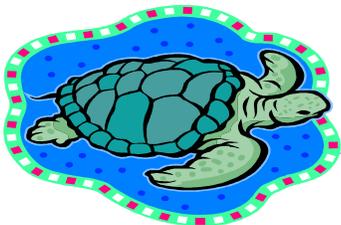
*Tammy Yee*

Children learn about the wonders of Hawaii as they join Grandma and Grandpa on a trip through the Hawaiian Islands.

### Baby Hona's Incredible Journey

*Tammy Yee*

Baby Hona, a sea turtle, has just hatched from his egg. Will he find the courage to face sand crabs and sea birds on his perilous journey to the sea? What wondrous creatures will he encounter in the ocean? This book includes a glossary to educate children about the Hawaiian marine life.



### Baby Honu Saves the Day

*By Tammy Lee*

Baby Honu thinks he's too small to make a difference. A beached baby dolphin inspires him to persuade a moray eel, a porcupine fish, a shark and even a humpback whale to help him in his quest. Follow the continuing adventures of Baby Honu as he teaches young children that even the smallest efforts can cascade into meaningful consequences.

### The Adventures of Kalakoa

*By Miss Akiko*

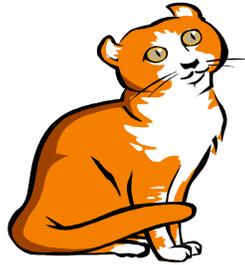
Kalakoa is a Hawaiian word for calico that means all mixed-up colors. This is an appropriate word for a rainbow that accidentally tumbles out of the sky while it was showing off. What the rainbow learns is displayed in a panoramic palette of colors.



### Neal Tofu Luv's Tee-dah Tuna

*By Miss Akiko*

This is a very simple love poem set in Hawaii, about the radiance we emanate when we love.



### Aloha, Delores

*Barbara Samuels*

When Delores sees the hula-girl cat food display in the grocery store, she is immediately intrigued. "Attention Cat Lovers," says the box of Meow Munchies. Just finish the sentence: "My cat deserves the best because.... And you could win a Luxury Cruise to Hawaii!" Young pet owners will identify with Delores's unshakable confidence in her cat's exceptional qualities and sympathize with her disappointment and subsequent consolation.

### Luka's Quilt

*By Georgia Guback*

Luka and her grandmother Tutu are best friends, they spend all of their time together. The traditional Hawaiian quilt Tutu makes as a gift for Luka isn't at all what her granddaughter expects. Luka is disappointed and Tutu is hurt. The Lei Day celebration makes them feel better and also sparks the compromise that will make Luka and Tutu best friends again.

### The Three Little Hawaiian Pigs and the Magic Shark

*By Donivee Martin Laird*

Three little pigs have built their houses out of Pilli grass, driftwood and lava rocks. The pigs are threatened by a very angry shark there aren't any wolves in Hawaii in disguise who ends up in the local dump.

### Lullaby Moon

*By Elaine Moon*

This is a dreamy adventure about Koa, a little Hawaiian boy who would rather play outside than fall asleep. Koa soon finds himself befriended by an owl, who takes him on a magical exploration of the island's wildlife. Under the watchful gaze of Lullaby Moon, Koa learns how bats, bees and green sea turtles spend their night.



### Swimming with Humuhumu: A Young Snorkeler's First Guide to Hawaiian Sea Life

*By Ron Hirschi*

This is an adventure story about Maddie and Cole exploring Hawaii's marine life. There are little books within the book that fold out to reveal details about coral reefs, sea turtles, and other ocean life. Postcards that Maddie and Cole have sent to their Grandmother share their discoveries with the reader. This is a fun way to learn about Hawaiian sea life!

# Let's Do Some Singing & Finger Plays



## I'm a Little Hawaiian Child

*Sung to: I'm a Little Teapot*

I'm a little Hawaiian child (sway hips like hula dancing)

Look at me, living on the island in the sea (show island with arms)

I like to dive and I like to swim (pretend to swim)

The fish and the sea stars are my friends (put your arms around a friend)

I'm a little Hawaiian child (sway hips like hula dancing)

Look at me, climbing to the top of the coconut tree (pretend to climb)

I'll pick a coconut to share with you (pretend to offer a coconut)

Kiwi, bananas and pineapple too (hands on hips)

I'm a little Hawaiian child (sway hips like hula dancing)

Look at me, dancing the hula one, two, three (count on fingers)

Aloha means hello and good bye too (put hands on hips)

So now I'll say aloha, aloha to you. (wave)



## Down by the Shore

Down by the shore

In the sand and in the sun

I like to dive and splash and run

And as the waves roll in and out

I'll get warm in the sun and have lots of fun

Down by the shore

## The Waves Move

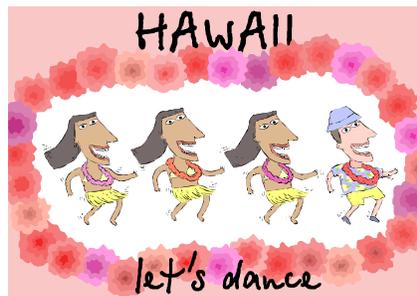
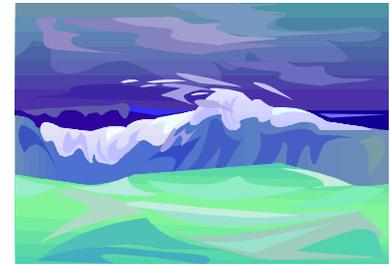
*Sung to the Farmer and the Dell*

The waves move up and down, wind making a sound.

They move through the water and the air, the waves move up and down.

The waves move up and down, wind making a sound.

They move everywhere, the waves move up and down.



## Good Morning

Good morning, good morning

Good morning to you

Aloha, aloha and shaka to you



# Let's Do Some Hawaiian Cooking

## Hawaiian Lemonade

6 oz. can of frozen lemonade concentrate, thawed

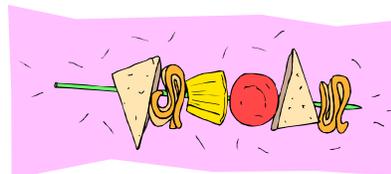
12 oz. chilled can of apricot nectar

12 oz. chilled can of unsweetened pineapple juice

1 1/4 chilled cup of ginger ale

3/4 cup of water

In a large bowl combine juices and water. Slowly add the ginger ale down the side of the punch bowl, mix gently. Add ice cubes and decorate with slices of lime and orange. Makes 6 servings.



## Luu Ham & Pineapple Snacks

1 can of pineapple chunks

1/4 cup of orange marmalade

6 oz. thinly sliced cooked ham cut into 1/2 inch stripes

Wooden decorator skewers

10 oz. jar of maraschino cherries

In a mixing bowl toss drained pineapple chunks in the marmalade. Wrap ham around the pineapple chunks and thread onto the skewers alternating with maraschino cherries.

## Tropical Fruit Salad

1 med. mango, seeded, peeled & cubed

11 oz. can of mandarin orange, sections drained

2 kiwis, peeled & sliced lengthwise

1 cup miniature marshmallows

8 oz. vanilla yogurt

3 bananas, peeled and sliced

1/2 cup toasted coconut

Combine all ingredients except the bananas & coconut in a bowl. Cover & chill about 4 hours. When ready to serve add 1/2 of the coconut into the fruit mixture and pour over sliced bananas. Sprinkle with remaining coconut and drizzle with honey.

## Banana Varieties

**Miniature Banana** The miniature banana is much smaller and has a thinner skin and can be eaten like the everyday regular banana. It has a very intense flavor and is a great compact snack to include in children's lunches.



**Cavendish Banana** This is also known as the regular banana and the most common. It is ripe when the outer skin is yellow and just starts to form small yellow brown spots on the outside. It is usually eaten raw but can also be baked for desserts.



**Plantain Banana** This banana has a tougher, harder skin and is usually dark yellow with lots of black spots. If it is still green then it has a lower sugar content and is eaten like a starch just like a potato. The plantain is usually boiled or fried before it is eaten. If it is very ripe then the outside is totally black then it is the sweetest with the highest sugar content.



Plantains are commonly found in Hawaii and are a staple food eaten as a side dish or snack. One very popular way to prepare these tropical delicacies is to fry them. Slice very ripe peeled plantains in rounds and fry in two tablespoons of oil until brown and crispy. Drain on a paper towel and enjoy this dessert-like sweet treat!



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## Primary Press

## Childcare Workshops for Providers

To register for these workshops,  
Please visit:

[www.loudoun.gov/childcareworkshop](http://www.loudoun.gov/childcareworkshop)

Workshop Registration opens on the  
15th of each month for the  
following month.

*If the 15th is on a weekend or holiday,  
then registration opens on the next business day.*