Take a look at What’s New!
The Senior Center of Leesburg
Drive-Thru Pick-Up & In-House Lunch
Monday thru Friday

NEW TIME for Drive-Thru Lunch Pick-Up will be available only from 11:00-11:30am
In-House Lunch will be served from 11:45am-12:30pm

Important Information:

- Masks must be worn in the building at all times, except while at your table eating.
- Detailed instructions for entering the building will be available through a video which will be posted on The Senior Center of Leesburg Facebook Page at [https://www.facebook.com/leesburgsenior](https://www.facebook.com/leesburgsenior) or you can copy the link below into your browser and watch the video using this link: [https://youtu.be/f1ZuPQ4DudM](https://youtu.be/f1ZuPQ4DudM)
- Further instructions will be given to you as you arrive at the center for lunch

As always, you must call by noon the day before you would like to receive lunch, to reserve your meal at 703.737.8039. Be sure to specify, In-House Lunch or Drive-Thru Pick-Up.

We look forward to seeing you at the center!
If you have experienced any of the following within the past 24 hours, we ask that you not enter this facility or participate in any programs:

COVID-19 Screening Questionnaire

- A temperature of 100°F (37°C) or above?
- New cough that cannot be attributed to another health condition?
- New shortness of breath that cannot be attributed to another health condition?
- New sore throat that cannot be attributed to another health condition?
- Gastrointestinal symptoms (diarrhea, nausea, vomiting) that cannot be attributed to another health condition?
- New nasal congestion or runny nose?
- New loss of smell and/or taste?
- New muscle aches or pains?
- Any other sign of illness?
- Contact with someone in the previous 14 days with a confirmed diagnosis of COVID-19, or someone who is ill with a respiratory illness?

BLUEBIRD TRAIL NEWS

Great news from the Bluebird boxes! We have 4 new eggs in Box #5, which resulted in four baby birds!

-Carolyn & Eli
Guitar Class with Kurt
Friday, August 14, 2020
at 1:00pm
Enjoy the live music and sing along.

Spanish Class with Francisco
Monday, August 10, 2020
4:00 PM - 5:00 PM (EDT)

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/884904661

You can also dial in using your phone.
United States: +1 (786) 535-3211

Access Code: 884-904-661

The Senior Center of Leesburg now has a Facebook Page.
Copy the link below into your browser and check it out and please make sure to like our page!
https://www.facebook.com/leesburgsenior
Ingredients:

- 8 Eggs
- 4 slices bacon, cooked and chopped small
- 2 teaspoons fresh rosemary, chopped
- 1 tablespoon pickle relish
- 1/4 cup mayonnaise
- 1 green onion, sliced thinly
- 1 tablespoon stoneground mustard
- 8 mini brioche rolls

Directions:

**STEP 1**
Bring a large pot of water to boil, then carefully place each egg into the water.

**STEP 2**
Boil for 8 minutes, then run under cold water to cool.

**STEP 3**
Once the eggs are cool, peel off the shell and transfer to a bowl.

**STEP 4**
Using a potato masher or a fork, crush the eggs until you get a chunky consistency.

**STEP 5**
Add the chopped bacon, rosemary, relish, mayonnaise, green onions, and mustard.

**STEP 6**
Stir well until combined.

**STEP 7**
Divide the egg salad between the brioche rolls and enjoy!
HOME DELIVERED MEALS & CONGREGATE MEALS
VOLUNTEERS/STAFF

We want to extend a very special "Thank You" to all our HDM Staff Volunteers who have graciously filled in for all of our Leesburg Senior Center Volunteers during COVID-19. We anxiously await your return to resume your volunteer positions, but in the meantime, we wanted you to be able to see some of the staff that have been filling in until your return to delivering the Home Delivered Meals and Congregate Meals for our members of our community.

Rachel Lambert
Route #1

Swar Jain
Route #2

Oliver Shighey
Lindsay Shighey
Angela Lambert
Route #3

David Dennis
Karin Burgoa
Route #4 & 5

Erik Oñate
Congregate Meal Delivery/Drive-Up
HDM Preparation

Sue Depoy
Congregate Meal Delivery/Drive-Up
HDM Preparation

Joanna Poston
Congregate Meal Drive-Up
HDM Preparation

Cheryl Wheeler
HDM Preparation
Congregate Meal Drive-Up

Diane Simmons
Congregate Meal
HDM Driver

David Keyes
Congregate Meal
HDM Driver

Food Donations Update
Volunteers Make a Difference

July total weight for The Senior Center of Leesburg to Tree of Life was 2,302lbs! Great job Jim, Joanne Katherine, Eli, Pat and Kathy! We are so proud to have volunteers like you represent our center.
It is Fun to Reminisce
A message from Sarah our Librarian

It took three minutes for the TV to warm up.

When a quarter was a decent allowance, and made with real Silver!

You got your windshield cleaned, oil checked, and gas pumped, without asking, all for free, every time. And you didn’t pay for air? And, you got trading stamps to boot.

Laundry detergent had free glasses, dishes or towels hidden inside the box. Not to mention Cracker Jacks!

When a 57 Chevy was everyone’s dream car... to cruise, peel out, lay rubber or watch submarine races, and people went steady.

Lying on your back in the grass with your friends and saying things like, 'That cloud looks like a...'.

August 2020 Daily Holidays, Special and Wacky Days:

August 7
International Beer Day - First Friday in August
National Lighthouse Day
Professional Speakers Day

August 8
National Clown Day - Saturday during International Clown Week
Sneak Some Zucchini onto Your Neighbor's Porch Day - now that's nasty!

August 9
Book Lover's Day

August 10
Lazy Day
National S'mores Day

August 11 - 12
Annual Perseid Meteor Shower - peak date varies slightly

August 11
Presidential Joke Day
Son and Daughter Day

August 12
Middle Child's Day

August 13
Left Hander's Day

If you do not already receive email from us, please contact the center at 703.737.8039 to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg
COFFEE CHAT WITH LORI
If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori.

To be connected with Area Agency on Aging programs and services, and other community resources, please call 703-777-0257 to speak with an Aging Program Specialist.

To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583.

If you do not already receive email from us please contact the center at 703.737.8039, to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at:  https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg. Please stay informed, Stay Safe, Take Care of Yourself and check in on each other. We miss you and we care about you, Erik, Cheryl, Sue, Joanna, Diane & Dave

The Senior Center of Leesburg
102 North Street NW, Suite B
Leesburg, VA  20176

Address Correction Requested

August 2020