In-House Lunch
Monday thru Friday
11:45am-12:30pm

Important Information:
- Masks must be worn in the building at all times, except while at your table eating.
- Detailed instructions for entering the building will be available through a video which will be posted on The Senior Center of Leesburg Facebook Page at https://www.facebook.com/leesburgsenior or you can copy the link below into your browser and watch the video using this link: https://youtu.be/f1ZuPQ4DudM
- Further instructions will be given to you as you arrive at the center for lunch.

As always, you must call by noon the day before you would like to receive lunch, to reserve your meal at 703.737.8039. Be sure to specify, In-House Lunch or Drive-Thru Pick-Up. We look forward to seeing you at the center!
Food Donations Update

Volunteers Make a Difference

August donations continue for The Senior Center of Leesburg to Tree of Life! We would like to thank Jim, Joanne, Katherine, Eli, Pat and Kathy, for providing this service on a daily basis. We are so proud to have volunteers like you represent our center.

To register for the support group please contact Jaimee Conner, Assistant Manager at the Leesburg Adult Day Center and a Meeting Link will be provided.

Phone: 703-771-5334
Email: Jaimee.conner@loudoun.gov

COFFEE CHAT WITH LORI

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori.

To be connected with Area Agency on Aging programs and services, and other community resources, please call 703-777-0257 to speak with an Aging Program Specialist.

To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583.
Guitar Class with Kurt

Friday, August 14, 2020 at 1:00pm
Enjoy the live music and sing along.

Call Cheryl Wheeler at 703.771.5656 for more information.

The Senior Center of Leesburg now has a Facebook Page.
Copy the link below into your browser and check it out and please make sure to like our page!
https://www.facebook.com/leesburgsenior

Spanish Class with Francisco

Monday, August 17, 2020
4:00 PM - 5:00 PM (EDT)

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/206291949

You can also dial in using your phone.
United States: +1 (571) 317-3122

Access Code: 206-291-949
E-Recipe Corner:

Best-Ever 7 Layer

Ingredients:

- 1 (16-oz.) can refried beans
- 2 1/2 cup guacamole
- 1 (16-oz.) jar chunky tomato salsa
- 2 1/2 cup sour cream
- 2 tbsp. taco seasoning
- Juice of 1/2 lime
- 1 cup shredded Monterey jack
- 1/2 cup shredded cheddar
- 2 cup shredded lettuce
- 1/2 cup quartered grape tomatoes
- 1/4 cup sliced black olives
- Corn chips, for serving

Directions:

1. Spread refried beans in an even layer in the bottom of your serving dish. If making from scratch, prepare guacamole and spread in an even layer on top of the bean layer. Top with a layer of salsa. In a medium bowl, stir together sour cream, taco seasoning, and lime juice. Spread in an even layer on top of the salsa.

2. Sprinkle Monterey jack and cheddar in an even layer over the sour cream. Top with shredded lettuce, tomatoes, and black olives.

We want to extend a very special "Thank You" to all our HDM Staff Volunteers who have graciously filled in for all of our Leesburg Senior Center Volunteers during COVID-19. We anxiously await your return to resume your volunteer positions, but in the meantime, we wanted you to be able to see some of the staff that have been filling in until your return to delivering the Home Delivered Meals and Congregate Meals for our members of our community.

Martha Roherty
Jaimee Conner
Ann Langston
Mike Bardos
Pradyamna Simha

Juan Kellar
Sue & Steve Garnier
JoAnn Walker
Jennifer Kirk
It is Fun to Reminisce

A message from Sarah our Librarian

You'd reach into a muddy gutter for a penny. Made with real copper! Looking to see if it was a 1943 steel penny!

Playing baseball with no adults to help kids with the rules of the game.

Your Mom wore nylons that came in two pieces.

And with all our progress, don't you just wish, just once, you could slip back in time and savor the slower pace, and share it with the children of today.

If you do not already receive email from us, please contact the center at 703.737.8039 to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg
August 2020 Daily Holidays, Special and Wacky Days:

**August 14**  
National Creamsicle Day  
National Kool-Aid Day - second Friday in August

**August 15**  
Feast of the Assumption  
National Honey Bee Awareness Day - Third Saturday  
Relaxation Day - now this one's for me!

**August 16**  
National Tell a Joke Day

**August 17**  
National Thriftshop Day

**August 18**  
Bad Poetry Day  
World Daffodil Day

**August 19**  
Aviation Day  
National Potato Day

**August 20**  
National Radio Day  
World Mosquito Day

**August 21**  
National Spumoni Day  
Senior Citizen's Day

If you do not already receive email from us please contact the center at 703.737.8039, to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at:  [https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg](https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg). Please stay informed, Stay Safe, Take Care of Yourself and check in on each other. We miss you and we care about you, Erik, Cheryl, Sue, Joanna, Diane & Dave.