The Senior Center of Leesburg

BI-WEEKLY E-NEWS January 22, 2021

The Senior Center of Leesburg

Hours of Operation
Monday–Friday
9:00AM–3:00PM

Lunch Dine-In:
12:00PM-1:00PM
Curbside:
11:00AM-11:30AM

Open with Limited Indoor Programs

2021 MEMBERSHIP FEES

We are now accepting applications for renewal and new memberships for The Senior Center of Leesburg. You may bring in, or return by mail, your application and fee to sign up. There are new forms this year, be sure to complete the new one!

Application prices have changed.
Below are the new prices:

Residents: $32.00 per year
Non-Residents: $48.00 per year

Checks are to be made payable
to “County of Loudoun”,
cash or credit cards
will also be accepted.

You can stop by anytime
Monday through Friday
from 9:00 am to 3:00 pm
to pick-up an application.
# BI-WEEKLY ACTIVITIES SCHEDULE

<table>
<thead>
<tr>
<th>MON. 1/25</th>
<th>TUES. 1/26</th>
<th>WED. 1/27</th>
<th>THURS. 1/28</th>
<th>FRI. 1/29</th>
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<tbody>
<tr>
<td>10:15 AM Aerobics with Luella</td>
<td>10:30 AM Wii Bowling</td>
<td>10:30 AM Adult Coloring with Bob</td>
<td>10:00 AM Movies: 1/28 I’d Climb the Highest Mountain</td>
<td>10:30 AM Bingo</td>
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<td>No meals will be served on the days the center is closed</td>
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<td>Curbside pick-up is between 11:00-11:30AM</td>
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<td>10:30 AM Pokeno</td>
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<td></td>
<td>1:00 PM Knitting with Kathy</td>
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<td>Call the front desk, 703.787.8039, To pre-register for these activities.</td>
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<td></td>
<td>10:30AM Sit N Fit 2</td>
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<td>1:00 PM Ukulele Group</td>
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<td>Outdoor 1:00 PM Taijiquan</td>
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**COVID-19 UPDATE/INFORMATION**

For more information about COVID-19 updates visit [www.loudoun.gov/Coronavirus](http://www.loudoun.gov/Coronavirus)
**KITCHEN CORNER**

**REMINDER:**
If you are in need of a lunch meal or food in general, please call the center at 571-258-3280 so that we can assess the situation and figure out the best way to meet your needs.

**MENU 1/25-1/29/21**

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<tr>
<td>Italian Sausage</td>
<td>Oven Fried Chicken</td>
<td>Spaghetti &amp; Meat Sauce</td>
<td>Bake Fish</td>
<td>Chili Rice</td>
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<tr>
<td>Steamed Cabbage</td>
<td>Yellow Rice</td>
<td>Veg. Medley</td>
<td>Veg. Medley</td>
<td>Rosemary Rice</td>
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<tr>
<td>Whole Round Potato</td>
<td>Mixed Veg.</td>
<td>Fruit</td>
<td>Potatoes</td>
<td>Broccoli Florets</td>
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<tr>
<td>Fruit Roll/Milk</td>
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Lunch donations apply! Thank you.

We have donated pastries and baked breads available during lunch, both curbside and dining room for members of the center.
Dear County Resident,

You are receiving this notice as a Loudoun County Area Agency on Aging Nutrition Program participant who may be **65 years of age or older**. The purpose of this notice is to share updated information regarding plans for distribution of the COVID-19 vaccine in the county.

The Commonwealth of Virginia announced on January 14, 2021, that Virginia would follow federal guidelines issued earlier this week and move adults **aged 65 and older** from Phase 1c into Phase 1b. This change also moves people **aged 16 through 64 years with a high risk medical condition or disability that increases their risk of severe illness from COVID-19** into Phase 1b.

**Loudoun residents 65 and older, and adults with high risk medical conditions are encouraged to contact their primary care physician for guidance about the vaccination process.**

Residents over the age of 65, and adults with high risk medical conditions may begin the process for scheduling an appointment by contacting the Loudoun County Health Department in one of two ways:

1. **Complete this online pre-screen survey.** The fastest and most efficient method to obtain an appointment for a COVID-19 vaccine is to submit the online form. This form verifies your eligibility and provides your contact information. After submitting the form, it may take days to weeks before you receive a response; the Health Department is currently not scheduling appointments because vaccine supplies are limited. As more vaccine arrives in Loudoun, additional appointments will be made and those who have submitted the online pre-screening survey will be offered vaccination appointments in priority order. Please be patient; once you submit an online pre-screening survey, there is no need to call the Health Department.

   **Or**

2. **If you do not have access to the internet,** you may call Loudoun County’s COVID-19 information line at 703-737-8300 between 9:00 a.m. and 5:00 p.m. Due to significant call volume, there may be a delay in reaching an operator.

NOTE: The Health Department is **no longer accepting emails** to request vaccination appointments. Any email requests will not result in an appointment. Anyone who emails the Health Department will be re-directed to the online pre-screening survey.

Before and after Loudoun residents receive a COVID-19 vaccine, everyone is encouraged to continue taking **steps to help prevent the spread of the disease**, including washing hands frequently, wearing face coverings, social distancing, avoiding large gatherings of people and staying home when sick.

Find more information about vaccination efforts in Loudoun County at [www.loudoun.gov/COVID19vaccine](http://www.loudoun.gov/COVID19vaccine).
PRCS INCLEMENT WEATHER POLICY

The Senior Center of Leesburg
(703)737-8039

Programs held at Loudoun County Government Facilities

* When **Loudoun County Government is closed**, all facilities are closed and all programs, activities and classes are cancelled.

* When **Loudoun County Government is on Unscheduled Leave**, facilities are open and operational at regular times and programs run with minimal staff with the following exceptions:

  Senior Centers are open and operational at regular times; however, no HDM or transportation services are provided.

  - Lunch will be provided.

  The Senior Center is not affected by school closings or delays.

Inclement Weather Line (703)771-5678