The Senior Center of Leesburg

BI-WEEKLY E-NEWS January 29, 2021

The Senior Center of Leesburg

Hours of Operation
Monday–Friday
9:00AM–3:00PM

Lunch Dine-In:
12:00PM-1:00PM
Curbside:
11:00AM-11:30AM

Open with Limited Indoor Programs

2021 MEMBERSHIP FEES

We are now accepting applications for renewal and new memberships for The Senior Center of Leesburg. You may bring in, or return by mail, your application and fee to sign up. There are new forms this year, be sure to complete the new one!

Application prices have changed.
Below are the new prices:

Residents: $32.00 per year
Non-Residents: $48.00 per year

Checks are to be made payable to “County of Loudoun”, cash or credit cards will also be accepted.

You can stop by anytime Monday through Friday from 9:00 am to 3:00 pm to pick-up an application.

Free Support Program for Early-Stage Dementia

A diagnosis of early-stage dementia can be overwhelming. The Loudoun County Area Agency on Aging is offering a free, five-session, virtual program for individuals living with early-stage dementia and their caregivers.

SHARE For Dementia is an evidence-based, care-planning program based on 20 years of research by the Center for Research and Education, part of the Benjamin Rose Institute of Aging. Using technology, SHARE counselors support individuals and their caregivers in discussions about symptoms, communication, healthy activities, care preferences and planning for the future.

For more information and to schedule an appointment with a counselor, email aaasupport@loudoun.gov or call 703-777-0257.
**BI-WEEKLY ACTIVITIES SCHEDULE**

<table>
<thead>
<tr>
<th>MON. 2/1 &amp; 2/8</th>
<th>TUES. 2/2 &amp; 2/9</th>
<th>WED. 2/3 &amp; 2/10</th>
<th>THURS. 2/4 &amp; 2/11</th>
<th>FRI. 2/5 &amp; 2/12</th>
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<tbody>
<tr>
<td>10:15 AM Aerobics with Luella</td>
<td>10:30 AM Wii Bowling</td>
<td>10:30 AM Pokeno</td>
<td>10:00 AM Movies: Prisoners</td>
<td>10:30 AM Bingo</td>
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<tr>
<td>10:30 AM Sit N Fit 2</td>
<td>10:30 AM Adult Coloring with Bob</td>
<td>1:00 PM Knitting with Kathy</td>
<td>2/11 Picnic</td>
<td>Curbside pick-up is between 11:00-11:30AM</td>
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<td><strong>No meals will be served on the days the center is closed</strong></td>
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<td>Please try to be on time as we need time to prepare for the dine-in lunch.</td>
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**Call the front desk, 703.737.8039 To pre-register for these activities.**

**COVID-19 UPDATE/INFORMATION**

For more information about COVID-19 updates visit [www.loudoun.gov/Coronavirus](http://www.loudoun.gov/Coronavirus)
Northern Virginia Community College (NOVA) welcomes lifelong learners. Earn a degree or learn something new!

If you are a legal resident of Virginia for one year, age 60 or older, you are encouraged to take advantage of free tuition provided by the State Council of Higher Education for Virginia (SCHEV) Senior Citizens Higher Education Act of 1974.

For more information, please visit: https://www.nvcc.edu/admissions/apply/seniors.html

Virtual Programs

Please contact Cheryl Wheeler
703.737.8039
Cheryl.Wheeler@loudoun.gov
if you would like to join in

Intermediate Spanish with Francisco
Mondays at 4:00pm

Guitar with Kurt
Fridays at 1:00pm

Senior Trips Information and Update

Spring Overnight Trips
4/25 to 5/1
Southern Porches
5/24 to 5/27
Seaside Gems
6/22 to 7/3
Canadian Maritimes

If interested in signing up, please call 571.258.3050
Terry Fleming
Senior Trip Coordinator
Area Agency on Aging/PRCS
VOLUNTEERS WANTED

Deliver a few smiles within a few miles! Drivers are needed to deliver noontime meals to homebound seniors in Leesburg. Contact Debra Bressler at 703-777-0257 or by email at Debra.Bressler@Loudoun.gov.

Volunteer opportunities for the Home-Delivered Meals Program are available at numerous locations throughout the county. Meals are prepared, packaged, and delivered to local communities and county sites for distribution by volunteers.

Individuals may volunteer for as little as one hour per month, week, or day. A Home-Delivered Meals volunteer provides more than a daily meal to older residents, they provide the gift of friendship.

The Future - Ashburn Senior Center

The best place to find information about county construction projects, including the Ashburn Senior Center and other PRCS facilities, is the Department of Transportation and Capital Infrastructure. Here’s the link to the center info:
https://www.loudoun.gov/5231/Ashburn-Senior-Center
Located at 20880 Marblehead Dr, Ashburn, VA 20147
Planning to open in the spring of 2021.

Keep on Dancing!

Learn some new dance moves with the students from Willard Middle School.

https://www.wevideo.com/view/1985941934
REMINDER:
*If you are in need of a lunch meal or food in general, please call the center at 703.737.8039 so that we can assess the situation and figure out the best way to meet your needs. Please call 24 hours in advance to make your reservation.*

**KITCHEN CORNER**

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<tr>
<th>MUN. 2/1</th>
<th>TUES. 2/2</th>
<th>WED. 2/3</th>
<th>THURS. 2/4</th>
<th>FRI. 2/5</th>
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<tbody>
<tr>
<td>Lasagna Malibu Blend Vegetables Fruit Roll/Milk Milk</td>
<td>Oven Baked Chicken Strips Succotash Collard Greens Fruit Roll/Milk Milk</td>
<td>Turkey Casserole Broccoli Sweet Potato Fruit Roll/Milk Milk</td>
<td>Pork Chops Fettuccini Alfredo Spiced Applesauce Fruit Roll/Milk Milk</td>
<td>Baked Fish Baked Potato Veg. Blend Fruit Roll/Milk Milk</td>
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**MENU 2/8-2/12/21**

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*Lunch donations apply! Thank you.*

We have donated pastries and baked breads available during lunch, both curbside and dining room for members of the center.
GUEST SPEAKER

Jane Bretzin, Area Agency on Aging
Medicare vs Medicare Advantage

“Discussion of the difference”

Thursday, February 11, 2021
11:00 AM.
Multipurpose Room #2 or view it virtually.

LOUDOUN COUNTY AREA AGENCY ON AGING PRESENTS COFFEE CHAT WITH LORI

If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori.

To be connect with Area Agency on Aging programs and services, and other community resources, please call 703.777.0257 to speak with an Aging Program Specialist.

To sign-up, send an email to aaasupport@loudoun.gov or call 571.233.2583

Real Property & Personal Property Tax Relief for the Elderly & Disabled

2021 Tax Relief forms will be available by March 1, 2021. On December 15, 2020, the Board of Supervisors requested staff to review the household income criteria for the Tax Relief Program for the Elderly and Disabled for Real Property. Any change approved by the Board would require an ordinance amendment and would become effective for Tax Year 2022.

Real Property Tax Exemption: Elderly & Disabled Qualified applicants may be exempt from paying real property taxes on their home and lot, up to three acres. Land in excess of three acres and any additional lots or structures are ineligible for relief. Manufactured homes (mobile homes) may qualify for tax relief.

Personal Property Alternative Tax Rate: Elderly & Disabled Each qualified applicant is taxed at the alternative tax rate on one vehicle. The alternative rate is set annually by the Board of Supervisors and has historically been $2.10, which is 50% of the regular personal property tax rate. Tax Relief must be requested by filing a form annually with the Commissioner of the Revenue. Loudoun County utilizes a triennial application procedure. First-time applicants must file an application and provide supporting documentation, such as social security statements, bank statements and income tax returns. The same is required every three years. For the two years following each application year, a one page certification must be filed.

Filing deadlines for 2021 tax year applications and certifications are:
- April 1, 2021 for all applicants who filed previously
- September 1, 2021 for first-time personal property tax relief
- January 3, 2022 for first-time real property tax relief

For more information, email www.trcor@loudoun.gov or go to www.loudoun.gov/taxrelief Tax Relief brochure is also available at the Senior Center.
Dear County Resident,

You are receiving this notice as a Loudoun County Area Agency on Aging Nutrition Program participant who may be 65 years of age or older. The purpose of this notice is to share updated information regarding plans for distribution of the COVID-19 vaccine in the county.

The Commonwealth of Virginia announced on January 14, 2021, that Virginia would follow federal guidelines issued earlier this week and move adults aged 65 and older from Phase 1c into Phase 1b. This change also moves people aged 16 through 64 years with a high risk medical condition or disability that increases their risk of severe illness from COVID-19 into Phase 1b.

Loudoun residents 65 and older, and adults with high risk medical conditions are encouraged to contact their primary care physician for guidance about the vaccination process.

Residents over the age of 65, and adults with high risk medical conditions may begin the process for scheduling an appointment by contacting the Loudoun County Health Department in one of two ways:

1. Complete this online pre-screen survey. The fastest and most efficient method to obtain an appointment for a COVID-19 vaccine is to submit the online form. This form verifies your eligibility and provides your contact information. After submitting the form, it may take days to weeks before you receive a response; the Health Department is currently not scheduling appointments because vaccine supplies are limited. As more vaccine arrives in Loudoun, additional appointments will be made and those who have submitted the online pre-screening survey will be offered vaccination appointments in priority order. Please be patient; once you submit an online pre-screening survey, there is no need to call the Health Department.

Or

2. If you do not have access to the internet, you may call Loudoun County’s COVID-19 information line at 703-737-8300 between 9:00 a.m. and 5:00 p.m. Due to significant call volume, there may be a delay in reaching an operator.

NOTE: The Health Department is no longer accepting emails to request vaccination appointments. Any email requests will not result in an appointment. Anyone who emails the Health Department will be re-directed to the online pre-screening survey.

Before and after Loudoun residents receive a COVID-19 vaccine, everyone is encouraged to continue taking steps to help prevent the spread of the disease, including washing hands frequently, wearing face coverings, social distancing, avoiding large gatherings of people and staying home when sick.

Find more information about vaccination efforts in Loudoun County at www.loudoun.gov/COVID19vaccine.
PRCS INCLEMENT WEATHER POLICY

The Senior Center of Leesburg
(703)737-8039

Programs held at Loudoun County Government Facilities

* When Loudoun County Government is closed, all facilities are closed and all programs, activities and classes are cancelled.

* When Loudoun County Government is on Unscheduled Leave, facilities are open and operational at regular times and programs run with minimal staff with the following exceptions:

  Senior Centers are open and operational at regular times; however, no HDM or transportation services are provided.

  • Lunch will be provided.

The Senior Center is not affected by school closings or delays. Inclement Weather Line (703)771-5678

The Senior Center of Leesburg
102 North Street NW, Suite B
Leesburg, VA 20176

Address Correction Requested