Your One-Stop Source for Recreation Activities for People with disABILITIES
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COVID-19 NOTICE

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For the safety of participants and staff we will be implementing social distancing and require face masks.

THE ADAPTIVE RECREATION PROGRAM of Loudoun County Parks, Recreation and Community Services provides a variety of recreation and leisure opportunities for individuals of all abilities and skill levels.
PROGRAM LEVELS

LEVEL 1
Participants with mild disabilities
No assistance managing any terrain. Can maintain their own personal hygiene without assistance. Can follow multiple step instructions. Able to convey feelings, desires and emotions.

LEVEL 2
Participants with moderate disabilities
No assistance with level surfaces. Can maintain their own personal hygiene with verbal cues. Can follow single step instructions. Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 3
Participants with severe disabilities
Assistance or self-propelled device. Personal hygiene with some assistance. Can follow instructions with assistance. Able to convey feelings, desires and needs with picture cues or ASL.

LEVEL 4
Participants who are medically fragile
Full assistance and/or self-propelled device. Personal hygiene with full assistance. Limited comprehension. Able to convey feelings, desires and needs with full assistance.

WHY PROGRAM LEVELS?
The safety and well being of our participants is paramount and we want them to get the most out of every activity offered. A participant may start our programs at a certain level but over time their life skills, mobility, and cognitive abilities may change. We assign levels to our activities based on research and experience. Please contact us if you have any questions about your participant.
PARTICIPANT CODE OF CONDUCT

Be respectful to peers, staff, volunteers and public.

Listen and follow all directions from staff and volunteers.

Stay with your assigned group and leader.

Keep hands and feet to self.

Use friendly language and tones of voice.

Use equipment and supplies appropriately.

NOTICE
It is the goal of the Adaptive Recreation program for all participants to have an opportunity for a safe and enjoyable experience. Failure to follow the code of conduct may result in verbal/written warnings, suspension or removal from future activities and programs. At any time, should Adaptive Recreation staff be concerned that a program or activity is not in the participant's best interest or well-being, staff will contact the participant and/or caregiver to discuss available options.
PROGRAM OUTLINE

PROGRAM VISION
To provide individuals of all abilities with opportunities to choose participation in leisure programs, which may enhance their quality of life and foster respect for and acceptance of diversity within the community.

PROGRAM MISSION
Our mission is to provide a safe, nurturing and fun environment for individuals of all abilities. We strive to create opportunities that foster individual growth and success; building partnerships with participants, families and the community for new, innovative, successful and inclusive opportunities.

PROGRAM IMPLEMENTATION
Adaptive Recreation staff categorize all activities by skill level in an effort to provide safe and successful activities for all participants, staff and volunteers. In order to maintain safety and success, we ask you to carefully consider your participants’ needs.

MODIFICATIONS
If you require a reasonable modification for any type of disability in order to participate in PRCS Adaptive Recreation activities, please contact Maria Auger: 703.771.5013; maria.auger@loudoun.gov

ADAPTIVE RECREATION CONTACT

MARIA AUGER
Program Coordinator
Adaptive Recreation
703.771.5013
maria.auger@loudoun.gov

AMY BARKER
Program Specialist
Summer Camp, Aquatics
703.771.5010
amy.barker@loudoun.gov

CHRISTOPHER CAESAR
Program Specialist
Special Olympics
703.771.0438
christopher.caesar@loudoun.gov

MEGAN MCCULLOUGH
Inclusion Specialist
Adaptive Recreation
571.258.3488
megan.mccullough@loudoun.gov

MICHELLE WAUGH
Program Specialist
Arts for All Loudoun
703.737.8837
michelle.waugh@loudoun.gov
FINANCIAL SUPPORT FOR PROGRAM PARTICIPANTS
For qualifying families financial support may be available in order to help with program participation. Limited scholarships are available from the Friends of Adaptive Recreation (FAR) Advisory Board as well as other County entities.

ADVISORY BOARDS

FRIENDS OF ADAPTIVE RECREATION, INC. (FAR)
Volunteer board members meet to discuss events, community awareness, fundraising, advocacy and sponsorships. FAR welcomes community involvement. For more information please contact our Program Coordinator, Maria Auger: 703.771.5013; maria.auger@loudoun.gov

SPECIAL OLYMPICS VIRGINIA LOUDOUN COUNCIL
Area 14 Special Olympics Council meets to provide support in areas of public relations, outreach, volunteer coordination and more. The council is open to and welcomes community involvement. For more information please contact: christopher.caesar@loudoun.gov

ARTS FOR ALL LOUDOUN BOARD OF DIRECTORS
This volunteer board meets to plan future visual and performing events, workshops, community awareness and fundraising. Arts for All Loudoun strives to promote the creative power of the people. For more information please contact: Kellie Goossens: 540.338.7973; kellie.goossens@loudoun.gov www.artsforallloudoun.org
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REGISTRATION DATES
Loudoun County Parks and Recreation Spring programs registration begins on February 12.

WEBTRAC INSTRUCTIONS
1. GO TO: WWW.LOUDOUN.GOV/WEBTRAC
2. LOG IN WITH YOUR USERNAME AND PASSWORD
3. ON THE UPPER LEFT CLICK “SEARCH” AND SELECT “ACTIVITY ENROLLMENT”
4. FIND YOUR ACTIVITY# AND TYPE IN THE SIX-DIGIT# IN ACTIVITY NUMBER BOX WITH SECTION “01”
5. ADD THE ACTIVITY TO YOUR CART AND SELECT PARTICIPATING FAMILY MEMBER
6. PROCEED TO CHECKOUT PAGE AND PAY THE FULL OR THE MINIMUM BALANCE SHOWN
7. SUBMIT PAYMENT AND COLLECT RECEIPT
8. YOU WILL RECEIVE A RECEIPT THROUGH E-MAIL

PARTICIPATION FILE RENEWALS
Please continue to be diligent with the renewal process of your participant files. It is imperative for the safety of all that we maintain current information on all participants. When you receive a packet in the mail or email please complete and return all required information. If you register for a program without updated forms you may not be allowed to participate in Adaptive Recreation activities until your file is updated with current paperwork.

UPDATE HOUSEHOLD & PARTICIPANT INFORMATION
Adaptive Recreation now has completely digital forms for participant use. Use links below to update participant forms and household information:
https://lfportal.loudoun.gov/Forms/adaptiverecadultform
https://webtrac.loudoun.gov/wbwsc/webtrac.wsc/splash.html

CANCELLATION AND REFUND POLICY
If you cancel a class 15 or more days before the start date, a full refund, minus a 15% administrative fee (maximum of $15) will be offered. If you cancel an activity 14 or fewer days before the start date a refund of 50% will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email to the Program Coordinator, Maria Auger.

LATE FEES
In an effort to provide quality customer service and efficiency, please note that a $15 per participant late fee will be assessed for every fifteen minute time frame after the designated pick up time. EXAMPLE: If pick up time is at 6:00pm and the participant is picked up between 6:01pm and 6:15pm a fee of $15 will be assessed; between 6:16pm and 6:30pm a fee of $30 will be assessed and so forth.

TRANSPORTATION
Space is limited! Transportation is handled on a “First come-First served” basis.
DINNER & A MOVIE FRIDAYS

(16+, Levels 1,2,3) Join us for a movie night! Before the show enjoy dinner with great friends! Movies will be decided closer to the date of the showing. Dinner will be provided and served in the program room with social distancing.

March 5 Activity # 341713-01
March 26 Activity # 341713-02
April 9 Activity # 341713-03
April 30 Activity # 341713-04
May 21 Activity # 341713-05

Drop Off: 5:00pm at Leesburg Office
Pick Up: 9:00pm at Leesburg Office
Fee: $40

Specialist: Michelle Waugh
SPARE TIME BOWLING
FRIDAYS

(16+, All Levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization and community awareness. If you work at ECHO and need transportation to bowling on Friday, please report request while registering.

March 5       Activity # 341710-01
March 26      Activity # 341710-02
April 9       Activity # 341710-03
April 30      Activity # 341710-04
May 21        Activity # 341710-05

Drop Off: 2:15pm at Leesburg Office
Pick Up: 5:00pm at Leesburg Office

If you work at ECHO and need transportation to bowling on Friday, please report request while registering. Bus departs at 2:15PM from ECHO on Fridays.

No transportation provided AFTER bowling. Participants must be picked up at the Leesburg Office unless registered for post bowling Dinner & a Movie program.

Fee: $30
Specialist: Michelle Waugh
COOKING CLASSES
LEESBURG OFFICE
THURSDAYS 4:30pm-6:30pm

(Ages 16+, All levels) What’s cooking? Come and create your skillet success story! We will be continuing preparing one skillet meals that are easy and delicious.

Fee: $75
3 sessions
Activity #341762-01
April 15, 22, 29

Specialist: Michelle Waugh

BUDDY WORKOUT
LEESBURG OFFICE
WEDNESDAYS 4:30pm-5:30pm

(Ages 18+, All levels) Buddy Workout is designed to empower each participant to work out. All workouts will be customized to meet your needs and goals. The workout session will focus on fitness and fun! Come work out alongside your friends!

Fee: $25
6 sessions
Activity #341752-01
April 14, 21, 28
May 5, 12, 19

Specialist: Chris Caesar
3. SPRINGTIME IN THE PARK

(Ages 18+ Level 1) Get an early taste of summer fun with our seasonal event! Enjoy more than 50 rides, favorite Hershey Characters, and the Zoo America Wildlife Park. This is an overnight trip with meals, accommodations, park pass, entrance to Chocolate World with VIP activities, and entrance to the Hershey Story Museum. Please bring money for souvenirs if you wish.

Date: Friday-Sunday, April 23-25
Location: Leesburg Office
Drop Off: 8:30pm at Leesburg Office
Pick Up: 12:30pm at Leesburg Office
Fee: $400
Activity #: 341720-01
Specialist: Michelle Waugh
1. RIDE INTO THE DANGER ZONE

(16+, All Levels) Are you ready for some of the most electrifying aerial stunts? The Manassas Airport proudly presents the 2021 Manassas Airshow: a family event featuring performers from across USA. There will be food, fun, flying and lots to do. Please bring money for lunch and souvenirs.

Date: Saturday, May 1
Location: Manassas, VA
Drop Off: 9:00am at Leesburg Office
Pick Up: 4:00pm at Leesburg Office
Fee: $50
Activity #: 341718-01
Specialist: Michelle Waugh

2. STRAWBERRY SPECTACULAR

(All Ages, All Levels) Join us for a fun day of picking strawberries, learning how they grow, and visiting the greenhouse. We will then return to the program room to make a delicious strawberry dessert with our pickings. Lunch will be provided before heading to the farm.

Date: Saturday, May 15
Location: Hamilton, VA
Drop Off: 11:00am at Leesburg Office
Pick Up: 5:00pm at Leesburg Office
Fee: $60
Activity #: 241726-01
Specialist: Michelle Waugh

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