ADAPTIVE RECREATION
Your One-Stop Source for Recreation Activities for People with disABILITIES
SPRING 2018
THE ADAPTIVE RECREATION PROGRAM of Loudoun County Parks, Recreation and Community Services provides a variety of recreation and leisure opportunities for individuals of all abilities and skill levels.
PROGRAM LEVELS

LEVEL 1
Participants with mild disabilities
No assistance managing any terrain.
Can maintain their own personal hygiene
without assistance.
Can follow multiple step instructions.
Able to convey feelings, desires and
emotions.

LEVEL 2
Participants with moderate disabilities
No assistance with level surfaces.
Can maintain their own personal hygiene
with verbal cues.
Can follow single step instructions.
Able to convey feelings, desires and needs
with picture cues or ASL.

LEVEL 3
Participants with severe disabilities
Assistance or self propelled device.
Personal hygiene with some assistance.
Can follow instructions with assistance.
Able to convey feelings, desires and needs
with picture cues or ASL.

LEVEL 4
Participants who are medically fragile
Full assistance and/or self propelled device.
Personal hygiene with full assistance.
Limited comprehension.
Able to convey feelings, desires and needs
with full assistance.

WHY PROGRAM LEVELS?
The safety and well being of our participants is paramount and we want
them to get the most out of every activity offered.
A participant may start our programs at a certain level but over time
their life skills, mobility, and cognitive abilities may change.
We assign levels to our activities based on research and experience.
Please contact us if you have any questions about your participant.
PARTICIPANT CODE OF CONDUCT

Be respectful to peers, staff, volunteers and public.

Listen and follow all directions from staff and volunteers.

Stay with your assigned group and leader.

Keep hands and feet to self.

Use friendly language and tones of voice.

Use equipment and supplies appropriately.

NOTICE
It is the goal of the Adaptive Recreation program for all participants to have an opportunity for a safe and enjoyable experience. Failure to follow the code of conduct may result in verbal/written warnings, suspension or removal from future activities and programs. At any time, should Adaptive Recreation staff be concerned that a program or activity is not in the participant’s best interest or well-being, staff will contact the participant and/or caregiver to discuss available options.
PROGRAM OUTLINE

PROGRAM VISION
To provide individuals of all abilities with opportunities to choose participation in leisure programs, which may enhance their quality of life and foster respect for and acceptance of diversity within the community.

PROGRAM MISSION
Our mission is to provide a safe, nurturing and fun environment for individuals of all abilities. We strive to create opportunities that foster individual growth and success; building partnerships with participants, families and the community for new, innovative, successful and inclusive opportunities.

PROGRAM IMPLEMENTATION
Adaptive Recreation staff categorize all activities by skill level in an effort to provide safe and successful activities for all participants, staff and volunteers. In order to maintain safety and success, we ask you to carefully consider your participants’ needs.

MODIFICATIONS
If you require a reasonable modification for any type of disability in order to participate in PRCS Adaptive Recreation activities, please contact

Maria Auger:
703.771.5013; maria.auger@loudoun.gov

ADAPTIVE RECREATION CONTACT

DANIEL BUREAU
Division Manager
Children’s Programing
703.777.0398
daniel.bureau@loudoun.gov

MARIA AUGER
Program Coordinator
Adaptive Recreation
703.771.5013
maria.auger@loudoun.gov

AMY BARKER
Program Specialist
Summer Camp, Aquatics
703.771.5010
amy.barker@loudoun.gov

BENJAMIN CURTIS
Program Specialist
VSA, Creative Arts
703.737.8837
ben.curtis@loudoun.gov

MEGAN MCCULLOUGH
Program Specialist
Special Olympics
703.777.0438
megan.mccullough@loudoun.gov

JANET KLEIN & JILL MATHESON
Customer Service
703.737.8042
FINANCIAL SUPPORT FOR PROGRAM PARTICIPANTS
For qualifying families financial support may be available in order to help with program participation. Limited scholarships are available from the Friends of Adaptive Recreation (FAR) Advisory Board as well as other County entities.

ADVISORY BOARDS

FRIENDS OF ADAPTIVE RECREATION, INC. (FAR)
Volunteer board members meet to discuss events, community awareness, fundraising, advocacy and sponsorships. FAR welcomes community involvement. For more information please contact our Program Coordinator, Maria Auger: 703.771.5013; maria.auger@loudoun.gov

SPECIAL OLYMPICS VIRGINIA LOUDOUN COUNCIL
Area 14 Special Olympics Council meets to provide support in areas of public relations, outreach, volunteer coordination and more. The council is open to and welcomes community involvement. For more information please contact: adaptrec@loudoun.gov; www.sovaloudoun.org

VSA ARTS OF LOUDOUN COUNTY
BOARD OF DIRECTORS
This volunteer board meets to plan future visual and performing events, workshops, community awareness and fundraising. VSA strives to promote the creative power of the people. For more information please contact: Kellie Goossens: 540.338.7973; kellie.goossens@loudoun.gov www.vsaloudoun.org
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REGISTRATION DATES
Loudoun County Parks and Recreation Spring programs registration begins on February 15th, 2018.

WEBTRAC REGISTRATION INSTRUCTIONS
1. Under Member Log-In enter your User Name (your household ID#) and your password (your home telephone, with area code, no spaces or dashes) and click Log-In.
2. To register for an activity, select the Search option on the left sidebar and then select Activity Search.
3. Click the + icon to add the registration fee to your cart.
4. Click on Add to Cart icon.
5. Check the family member(s) you want to register then click Continue.
6. Click Proceed to checkout.
7. Pay the minimum balance shown.

FILES, CANCELLATIONS LATE FEES

PARTICIPATION FILE RENEWALS
Please continue to be diligent with the renewal process of your participant files. It is imperative for the safety of all that we maintain current information on all participants. When you receive a packet in the mail or email please complete and return all required information.
If you register for a program without updated forms you may not be allowed to participate in Adaptive Recreation activities until your file is updated with current paperwork.

Adaptive Recreation now has completely digital forms for participant use. Use text below:
https://lportal.loudoun.gov/Forms/adaptiverecadultform

CANCELLATION AND REFUND POLICY
If you cancel a class 15 or more days before the start date, a full refund, minus a 15% administrative fee (maximum of $15) will be offered. If you cancel an activity 14 or fewer days before the start date a refund of 50% will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email to the Program Coordinator, Maria Auger.

LATE FEES
In an effort to provide quality customer service and efficiency, please note that a $15 per participant late fee will be assessed for every fifteen minute time frame after the designated pick up time. EXAMPLE: If pick up time is at 6:00pm and the participant is picked up between 6:01pm and 6:15pm a fee of $15 will be assessed; between 6:16pm and 6:30pm a fee of $30 will be assessed and so forth.

TRANSPORTATION
Space is limited! Transportation is handled on a “First come-First served” basis.
Spring Break!

1. MARYLAND ZOO
   Monday, March 26th - 09
2. TOUR OF DC
   Tuesday, March 27th - 10
3. B&O RAILROAD MUSEUM
   Wednesday, March 28th - 11
4. LURAY CAVERNS
   Thursday, March 29th - 12
5. ADVENTURE PARK USA
   Friday, March 30th - 13

Looking for something to do when school’s out? Join us for a week of adventure! All days begin and conclude at the same time and place.

Drop Off: 9:00AM at Ashbrook Place
Pick Up: 4:00PM at Ashbrook Place
Fee: $75.00 per day
Activity #: 341727- (Followed by section #)

Specialist: Amy Barker
BUDDY WORKOUT

(Ages 18 and up, All levels) Buddy Workout is designed to empower each participant to work out. All workouts will be customized by a Personal Trainer to meet your needs and goals. The workout session will focus on fitness and fun! Come work out alongside your friends!

WEDNESDAYS 6p-7p

Activity # 341752-01
March 14th
March 21st
March 28th
April 4th
April 11th

Fee: $25
Specialist: Megan McCullough

COOKING CLASSES

(Ages 16 and up, All levels) What's cooking? Join us for a three session class where we will learn how to make complete meals and then get to enjoy them with the other chefs. This class theme is Home style meals!

THURSDAYS 4:30p-6:30p

Activity # 341762-01
April 19th
April 26th
May 3rd

Fee: $80
Specialist: Megan McCullough
MOVIE MADNESS

(16 & up, Levels 1, 2, 3) Join us at a nearby theater to see a current hit movie! Before the show enjoy dinner with great friends! Movies will be decided closer to the date of the showing.

TUESDAY MOVIES:
Tuesday, March 13th  Activity # 341724-02
Tuesday, April 17th  Activity # 341724-04
Tuesday, May 15th  Activity # 341724-06

Drop Off: 5:00PM at Dulles Mall
Pick Up: TBD at Dulles Mall
Fee: $20.00

FRIDAY MOVIES:
Friday, March 2nd  Activity # 341724-01
Friday, April 6th  Activity # 341724-03
Friday, May 4th  Activity # 341724-05

Drop Off: 5:00PM at Ashbrook Place
Pick Up: TBD at Ashbrook Place
Fee: $30.00

Please bring $20 for dinner and additional money for snacks at the theater.

Pick up from Spare Time Bowling on FRIDAYS will be provided.

Specialist: Benjamin Curtis
SPARE TIME BOWLING

(16 & up, All Levels) Relax on a Friday afternoon or Thursday evening with bowling! This program teaches the basics of the game, promotes socialization and community awareness. Thursday’s Bowling events include dinner.

THURSDAY BOWLING:
Thursday, March 22nd Activity # 341710-02
Thursday, April 12th Activity # 341710-04
Thursday, May 17th Activity # 341710-06

Drop Off: 4:30PM at Bowl America, Sterling
Pick Up: 7:00PM at Bowl America, Sterling
Fee: $30.00

FRIDAY BOWLING:
Friday, March 2nd Activity # 341710-01
Friday, April 6th Activity # 341710-03
Friday, May 4th Activity # 341710-05

Drop Off: 2:30PM at Village Lanes, Leesburg
Pick Up: 4:30PM at Village Lanes, Leesburg

If you work at ECHO and need transportation to bowling on Friday (not Thursdays), please report request while registering. Bus departs at 2:15PM from ECHO on Fridays.

No transportation provided AFTER bowling. Participants must be picked up at Village Lanes and Bowl America.

Fee: $30.00
Specialist: Benjamin Curtis
1. DINNER & THE ARTS
(16 & up, Levels 1,2,3) Experience the Oscar nomi-
nated score of Disney’s setting of Victor Hugo’s epic
story of love and acceptance, “The Hunchback of
Notre Dame.” You’ll be enthralled and swept away
by the magic and power of this not-to-be-missed
musical! Dinner provided.

Date: Sunday, March 18th
Location: Fredericksburg, VA
Drop Off: 11:00AM at Ashbrook Place
Pick Up: 7:00PM at Ashbrook Place
Fee: $100.00
Activity #: 341730-01
Specialist: Benjamin Curtis

2. TULIP FESTIVAL
(16 & up, All Levels) Join us for a peaceful spring
afternoon walking through the gorgeous Tulip
fields of Burnside Farms in Haymarket, VA. There will
be millions of Tulips and Daffodils blooming for this
pick-your-own event! Please bring money for
flowers, snacks and lunch.

Date: Saturday, April 21st
Location: Haymarket, VA
Drop Off: 10:00AM at Ashbrook Place
Pick Up: 2:30PM at Ashbrook Place
Fee: $30.00
Activity #: 341742-01
Specialist: Megan McCullough

3. SPRING HIKE & PICNIC
(16 & up, Levels 1 & 2) Join us for a picturesque hike
through one of Loudoun County’s local parks. Learn
how to navigate trails and spend time enjoying
nature alongside your friends. Afterwards, we will
enjoy a picnic complete with all the fixins’. Be sure to
wear appropriate shoes and layers.

Date: Saturday, April 28th
Location: Sterling, VA
Drop Off: 10:00AM at TBD
Pick Up: 2:00PM at TBD
Fee: $20.00
Activity #: 341726-01
Specialist: Megan McCullough

4. DINNER & THE ARTS
(16 & up, Levels 1,2,3) Based on the country singer’s
real life story and connection to Louise Seger,
“Always...Patsy Cline” features her wonderful
music set as a musical that tells her great story.
Enjoy these great country tunes with an included
fancy dinner.

Date: Sunday, May 27th
Location: Fredericksburg, VA
Drop Off: 11:00AM at Ashbrook Place
Pick Up: 7:00PM at Ashbrook Place
Fee: $100.00
Activity #: 341730-02
Specialist: Benjamin Curtis
VSA
2018 SPRING EVENTS

SOMETHING SWEET

Artists with disabilities are invited to submit works in all media for the theme “Something Sweet”. This exhibit is sponsored by VSA Loudoun and DaVinci Visual Art Program. Entries accepted March 5 & 6, 9:30-4:30 p.m. Artists will be given (1) ticket to the VSA Loudoun performance of Willie Wonka & the Chocolate Factory that evening. Additional tickets can be purchased at $15.00/person, $10.00/Seniors and students.

Dates: Friday, March 9th - Sunday, April 8th
Reception: Saturday, March 10th, 5p-6:30p
Entry Fee: $5/piece (2 piece max.)

VSA LOUDOUN: WILLY WONKA

(All ages) Follow enigmatic candy manufacturer Willy Wonka as he stages a contest by hiding golden tickets in five of his scrumptious candy bars. Whomever comes up with these tickets will win a free tour of the Wonka factory, as well as a lifetime supply of candy. A fully inclusive cast of 50 brings this classic tale to life! www.vsaloudoun.org

Dates: March 9th, 10th 7p
March 11th 3p
March 16th, 17th 7p
March 18th 3p

Tickets: $15
$10/Seniors and students
SPECIAL OLYMPICS
2018 SPRING SEASON

COMPETITION SWIMMING
Wednesday & Saturday, 3-4P
Activity # 341723-01
February 24th - May 26th
Claude Moore, Sterling

SKILLS SWIMMING
Saturday, 4-4:30P
Activity # 341723-02
March 10th - May 26th
Claude Moore, Sterling

BOWLING
Sunday, 1-3:30P
Activity # 341723-03
April 8th - June 3rd
Village Lanes, Leesburg

BOCCE
Monday, 6-7:30P
Activity # 341723-04
April 2nd - June 4th
Douglass CC, Leesburg

TRACK & FIELD
Saturday, 12-1P
Activity # 341723-05
April 21st - June 2nd
TBA

TENNIS
Saturday, 9:30-10:30A
Activity # 341723-06
April 7th - June 2nd
TBA

RANGERS SOFTBALL
Monday, 6-7:30P
Activity # 341723-07
April 2nd - June 4th
TBA

CARDINALS SOFTBALL
Thursday, 6-7:30P
Activity # 341723-08
March 29th - June 28th
TBA

SKILLS SOFTBALL
Saturday, 2:30-3:30P
Activity # 341723-09
April 7th - June 2nd
TBA

SUMMER GAMES
Friday - Sunday
Activity # 341723-10
June 8th - June 10th
TBA