**Bowling**

**Spring Bowling / 341723-03**  
Age 8 & up. Bowling is our most popular sport in Loudoun. Come spend your Sunday afternoon with other athletes practicing your bowling skills. Learn the basics of the game while getting in physical exercise. Whether you're a beginner or a more advanced competitor, all are welcome!

**Practice Information**  
**Practice Day:** Sundays April 5th - June 7th  
**Practice Times:** 1:00-3:30PM  
**Location:** Village Lanes  
49 Catoctin Circle Leesburg, VA 20176

**Coach:** Charlie Vines vines.charlesensco.com

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**Bocce**

**Spring Bocce / 341723-04**  
Age 8 & up. Come play one of the oldest games. Athletes of all abilities and ages can play bocce. It's a fun way to get in your daily physical exercise while making new friends. Whether you have been playing bocce for years or are new to the sport, all are welcome!

**Practice Information**  
**Practice Day:** Saturdays April 4th - June 6th  
**Practice Time:** 10:30-12:00PM  
**Location:** Douglass Community Center  
405 E Market St, Leesburg, VA 20176

**Coach:** Dan Dillon  dandillon2001@aol.com
TENNIS

Skills Tennis / 341723-05
Age 8 & up. Come learn the basics of the sport while enjoying the beautiful spring weather. This program focuses on skill development and refinement. All skills levels are welcome! This program is hosted outdoors and practice dates may be impacted by the weather.

Practice Information
Practice Day: Saturdays April 4th - May 30th
Practice Times: 10:00-11:00am
Location: Heritage High School
520 Evergreen Mills Rd SE, Leesburg, VA 20175

Coach: Karen Kirkpatrick  karenekirkpatrick@gmail.com

SOFTWARE

Youth Skills/ 341723-06
Ages 8-15. New this year! Athletes will focus on developing skills including throwing, catching, fielding and batting. Practice is once a week. Whether your athlete is a beginner, intermediate, or advanced player, all skill levels are welcome on this team.

Practice Information
Practice Day: TBA
Practice Time: TBA
Location: TBA

Coach: TBA
SOFTBALL

Rangers Softball / 341723-07
Age 22 & up. The Rangers are a high-level competitive adult team that practice once a week and travel to Fairfax County for games every Saturday. Coaches will provide more details about the game schedule during the season.

Practice Information
Practice Day: Mondays April 6th - June 15th
Practice Time: 6:00-7:30PM
Location: Ball’s Bluff Elementary School
821 Battlefield Parkway NE Leesburg, VA 20176
Coach: Randy Brawley madref@verizon.net

Cardinals Softball / 341723-08
Age 16 & up. The Cardinals are a Traditional medium-level competitive teen and adult team. Practice is once a week and games are home or away every Saturday. Coaches will provide more details about the game schedule during the season.

Practice Information
Practice Day: Thursdays April 2nd- June 25th
Practice Time: 6:00-7:30PM
Location: Frances Hazel Reid Elementary School
800 N King Street Leesburg, VA 20176
Coach: Paula Culvyhouse thepc team@aol.com
GOLF

Skills / **341723-09**

Age 8 & up. Come out and enjoy Thursdays on the golf course. You will learn basic golf skills while hanging out with friends.

**Practice Information**
- **Practice Day:** Thursdays May 7th - June 25th
- **Practice Time:** 6:30 - 7:30 PM
- **Location:** Brambleton Golf Course

**Coach:** Paul Spears  paul.spears@comcast.net

SPECIAL OLYMPICS ON THE RUN

**On the Run / 341723-10**

Age 8 & up. Come out and train for long distance running. We will be preparing to run in 5K, 10K, and a Half Marathon.

**Practice Information**
- **Practice Day:** Saturdays March 14th - May 23rd
- **Practice Time:** 8:30am - 9:30am
- **Location:** TBD

**Coach:** Amy Levinrad  kenamyl-mai@yahoocom