



# Chair Phyllis J. Randall

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## Newsletter



## Hello, Loudoun

The public is invited to a Board briefing on Wednesday, March 11th at 5:00 pm by Loudoun County Director of Health, Dr. David Goodfriend, on the coronavirus which causes a respiratory disease known as COVID-19, and the actions being taken in the County to mitigate the infection's impact in our community. The briefing will take place in the Board Room at the Loudoun County Government Center, 1 Harrison Street, SE, in Leesburg.

Members of the public who cannot attend may watch the briefing on Comcast Government TV Channel 23, Open Band Channel 40 and Verizon FiOS Channel 40, or [online](#).

Currently, the Loudoun County Health Department is engaged with its regional, state and federal partners to address COVID-19, some of whom will be on hand for the briefing, including representatives of Loudoun's hospitals and Office of Emergency Management. As outlined in the Pandemic Response Plan located on the County's coronavirus website, these efforts include monitoring travelers, educating the public, collaborating with health care providers, and working with the schools on the appropriate protocols.

[Visit the Coronavirus Website](#)

Currently, there are no reported cases of COVID-19 in Virginia. The health department recommends the following proven actions that everyone can take to help prevent the spread of respiratory viruses, including COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash; or cough or sneeze into the sleeve of your shirt.
- Clean and disinfect frequently-touched objects and surfaces.
- Follow the Centers for Disease Control and Prevention recommendations for using a facemask:
  - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
  - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others, and by health workers.

Please send any questions you have regarding the coronavirus to Elizabeth Bennis at [elizabeth.bennis@loudoun.gov](mailto:elizabeth.bennis@loudoun.gov). I will ask these questions to Dr. Goodfriend and other subject matter experts at the briefing. Thank you.

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