A Message from The Senior Center of Leesburg
We think of you often while we are apart. Hope you are well.
April 22, 2020

Happy Earth Day!
The Staff at The Senior Center of Leesburg would like to send the following message to all of our members of The Senior Center of Leesburg.

WE
MISS
YOU
ALL
VERY
MUCH!
**Line Dance with Vinny**

Below is a video I put together for our class in hope that you’ll get motivated to move around, dance a little and hopefully have some fun. My hope is to do one each week with different dances, probably listed to 4 dances. Hope you enjoy. Please copy the link below and paste in your browser if you would like to enjoy.

https://youtu.be/Vp9hWqP87Eo

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**E-Recipe Corner:**

**Do you have a recipe you would like to share? Please send them in to sue.depoy@loudoun.gov or Cheryl.wheeler@loudoun.gov and we can post some in our weekly e-newsletter to share.**

**Ingredients**

- 2 pkg. (4 serving size each) Vanilla fat-free instant pudding mix
- 4 cups fat-free milk
- 27 nilla wafers, divided
- 6 medium ripe bananas, sliced
- 2 cups thawed cool whip topping

Instructions

1. **PREPARE** pudding with milk as directed on package.
2. **SPOON** 1/2 cup pudding in bottom of 2-qt. serving bowl.
3. Top with 8 wafers, generous layer of sliced bananas and 1 cup pudding. Stand 12 wafers around outside edge of dish.
4. Continue layering 12 wafers, sliced bananas, 1 cup pudding, 15 wafers, sliced bananas and remaining pudding. Cover.
5. **REFRIGERATE** 3 hours or overnight to soften cookies. To serve, spread whipped topping over pudding. Garnish with additional banana slices, if desired.

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The Senior Center of Leesburg now has a Facebook Page. Copy the link below into your browser and check it out and please make sure to like our page!

https://www.facebook.com/leesburgsenior
Northern Virginia Senior Olympics cancels 2020 games

The Northern Virginia Senior Olympics has cancelled its annual event this year due to the COVID-19 pandemic. The 2020 NVSO games were scheduled for Sept. 12-27. Concern for the health and safety of Northern Virginia Senior Olympics participants, volunteers and onlookers led to the NVSO Executive Committee's decision to cancel the games.
We want to extend a very special “Thank You” to all our HDM Staff Volunteers who have graciously filled in for all of our Leesburg Senior Center Volunteers during COVID-19. We anxiously await your return to resume your volunteer positions, but in the meantime, wanted you to be able to see some of the staff that have been filling in until your return delivering the Home Delivered Meals and Congregate Meals for our members of our community.

Route #1
Anita Howard

Route #2
Rebecca Salvato & Derek Greygor

Route #3
Amy Baker

Route #4
Chrystal Kola & Megan McCullough

Route #5
Ethan Lawlor

HDM/Congregate Meal Preparation
Joanna Poston

Congregate Meal Delivery/HDM Preparation
Erik Oñate

Congregate Meal Delivery/HDM Preparation
Sue Depoy
Picture Puzzle Answers

Split Personality  Miss understood  Somewhere Over and One in a
of the above million
rainbow history

I’ll be Space High chair Slow down Stand up
there in a minute invaders

Double Walking on Eye of the X marks Once upon vision thin ice storm the spot a time

Broken Shrunken Pineapple Back door Get a word promise violet upside down cake in edgewise

Cross Apple pie Six feet Unfinished
country under business

Puzzle #2 Answer

Stay Well, We Miss You!

Food for Thought!

Are you interested in some reading materials or movies? Loudoun County Public Library is providing front door/DVD book delivery!

Over the past few months LCPL’s Rust Library in Leesburg has collected many book/DVD movie donations and would like to share those with you. Books and DVD’s will be separated into genres and placed in bags. (As a precaution, LCPL staff separating books/DVD’s will wear gloves when handling.) Book/DVD drop offs will be left at your front door/porch and since these are donated books and DVD’s, no returns are necessary!

Please let us know what genres you are interested in by sending an email to sue.depoy@loudoun.gov. Book/DVD deliveries will be once a week.

If you do not already receive email from us please contact the center at 703.737.8039, to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg

Please stay informed, Stay Safe, Take Care of Yourself and check in on each other.

We miss you and we care about you, Erik, Cheryl, Sue, Joanna, Diane & Dave