Hello everyone and Happy Mother’s Day! It’s time for our Annual Survey! Please take a moment and complete the 2020 Senior Center of Leesburg Information and Satisfaction Survey for May of 2020 by going to https://www.surveymonkey.com/r/BWX2VSP, if you have received this electronically or if you have received the survey by mail, please return it to: The Senior Center of Leesburg, 102 North Street, NW, Suite B, Leesburg, VA 20176, Attention: Sue Depoy, by Friday, May 29th, 2020. Thank you.

Your Suggestions Matter!
“What you do makes a difference, and you have to decide what kind of difference you want to make.” Jane Goodall

While we do not have a date to reopen the centers (and it could be a little while), we are currently in the process of planning for how to best roll out our programs, activities and classes while mindful of everyone’s safety and well-being.

When we do reopen, we will likely be incorporating safety measures such as social distancing (6 feet apart), and limiting numbers of people allowed in certain rooms at one time. Our ultimate goal is to offer as many services as possible with the most sensible safety measures.

You are an important part of this planning process, so we would like your input and/or suggestions as we plan. If you have suggestions and/or ideas on how we can best maintain everyone’s safety while offering your favorite activity, please share those suggestions via email to Sue Depoy at sue.depoy@loudoun.gov, ASAP.

This is your center, so we want you to have as much input as possible in the changes that will be taking place as we plan to reopen. The staff will make our plans based on state, county and department guidelines we must follow while incorporating as many of your ideas and input as possible.

Thank you. We look forward to hearing from you.

The Senior Center of Leesburg now has a Facebook Page. Copy the link below into your browser and check it out and please make sure to like our page! https://www.facebook.com/leesburgsenior
FOOD FOR THOUGHT!

Are you interested in some reading materials or movies? Loudoun County Public Library is providing front door/DVD book delivery!

Over the past few months LCPL’s Rust Library in Leesburg has collected many book/DVD movie donations and would like to share those with you. Books and DVD’s will be separated into genres and placed in bags. (As a precaution, LCPL staff separating books/DVD’s will wear gloves when handling.) Book/DVD drop offs will be left at your front door/porch and since these are donated books and DVD’s, no returns are necessary!

Please let us know what genres you are interested in by sending an email to sue.depoy@loudoun.gov. Book/DVD deliveries will be once a week.

VOLUNTEER SPOTLIGHT

This week we would like to feature four of our Senior Center of Leesburg volunteers for their outstanding service to our community and the center. Every week, Katherine Andrefsky, Eli Florence, and Jim & Joanne Suit go to various merchants here in Loudoun County and pick-up food donations and are currently delivering to Tree of Life and have delivered to Hunger Relief. The Food Donations are distributed to the people in need of food donations throughout the community in Loudoun County. These four volunteers have continued this effort, throughout the COVID-19 Pandemic, because that is the type of kind, caring, thoughtful individuals that they are. They have initiated these efforts on their own and continue the coordination of the food delivery on a daily basis, ensuring that when our center does open back up, we will still be able to receive the food donations for our members to enjoy on a daily basis. This is why they we call them our Senior Superstars. Below is a link you can copy into your browser to enjoy a video of them and the food delivery to the Tree of Life. Enjoy!

https://youtu.be/TKJ2k3kytq8
FOOD: If you are in need of a lunch meal or food in general, please call the center at 703.737.8039, so that we can assess the situation and figure out the best way to meet your needs.

Loudoun County Department of Family Services-Emergency Food Delivery-
Information and Referral Line: 703.777.0420 (for Loudoun County Residents)

**Line Dance with Vinny**

Below is a video I put together for our class in hope that you’ll get motivated to move around, dance a little and hopefully have some fun. My hope is to do one each week with different dances, probably listed to 4 dances. Hope you enjoy. Please copy the link below and paste in your browser if you would like to enjoy.

https://youtu.be/Vp9hWqP87Eo
https://youtu.be/m9Zj9K0oPFg
https://youtu.be/lXj5hUGz4tk
Vinny

Please see the following message from The Senior Center of Leesburg by pasting the following hyperlink into your browser:

https://www.youtube.com/watch?v=vm3sJ98LcSQ

We want to extend a very special “Thank You” to all our HDM Staff Volunteers who have graciously filled in for all of our Leesburg Senior Center Volunteers during COVID-19. We anxiously await your return to resume your volunteer positions, but in the meantime, wanted you to be able to see some of the staff that have been filling in until your return delivering the Home Delivered Meals and Congregate Meals for our members of our community.

Route #1
Anita Howard

Route #2
Rebecca Salvato & Derek Greygor

Route #3
Amy Baker

Route #4
Chrystal Kola & Megan McCullough

Route #5
Ethan Lawlor

HDM/Congregate Meal Preparation
Joanna Poston

HDM Preparation Congregate Meal Delivery
Erik Oñate

HDM Preparation Congregate Meal Delivery
Sue Depoy
The Staff at The Senior Center of Leesburg would like to send the following message to all of our members of The Senior Center of Leesburg. We would also like to wish all the mother’s a very “Happy Mother’s Day”!

If you do not already receive email from us please contact the center at 703.737.8039, to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg

Please stay informed, Stay Safe, Take Care of Yourself and check in on each other.
We miss you and we care about you, Erik, Cheryl, Sue, Joanna, Diane & Dave

The Senior Center of Leesburg
102 North Street NW, Suite B
Leesburg, VA  20176

Address Correction Requested

MAY 2020