WHAT YOU’LL NEED:

- Popping Corn
- Microwave Bowl or Air Popper
- Lunch Bags
- 3 Bowls (same size)
- Clear Party-size Cups
- Utility Knife/ Craft Scissors
- Large Rubber Bands
- Large Paper Clips

1. Pop the kernels in microwave or air popper (enough to fill 3 lunch bags to top)

2. Have adult cut a hole in the bottom of cup with a knife or scissors, hole should be large enough to thread rubber band thru. Next, fasten paper clip to rubber band on the inside of cup. Pull band on the outside of cup to tighten so that it will fit over a shoe. Each relay group will need 2 cups.

3. Divide children into equals groups. Each group will need a full lunch bag of popcorn. Place cups on first child’s foot of each team. Have a team mate fill up the cups with popcorn. On GO that student starts to the opposite end and empties their cups into their teams bowls before racing back to the next team mate. Continue until you run out of popcorn. Then measure bowls of popcorn and the team with the most wins!

4. This activity can be done in the Café (tables up out of way) on a rainy day or outside with no clean up necessary!