Although time and distance may separate us, the staff would like to wish all of our Father’s a very “Happy Father’s Day” and we hope you enjoy your special day. The older we all get, the more we realize how important it is to have our dad, or the memories of our dad, in our lives. We celebrate all of our Father’s at the center. We miss you all!

-Erik, Cheryl, Sue, Joanne, Dave and Diane

Loudoun County Senior Centers will begin the gradual process of re-opening with drive through Congregate Meal pick-up starting on **Monday, June 22, 2020**, between 11:00a and 1:00pm. If you are a current member of the center and would like to pick up a lunch, please contact the center **24-hours in advance 703.737.8039**. When you call to reserve, you will be given further details about picking up your meal. We look forward to seeing you at the center!

We want to extend a very special “Thank You” to all our HDM Staff Volunteers who have graciously filled in for all of our Leesburg Senior Center Volunteers during COVID-19. We anxiously await your return to resume your volunteer positions, but in the meantime, we wanted you to be able to see some of the staff that have been filling in until your return to delivering the Home Delivered Meals and Congregate Meals for our members of our community.
In the beginning of April, during the COVID-19 Pandemic, The Senior Center of Leesburg partnered with Loudoun County Public Libraries, Rust Library, to bring to the seniors in Leesburg, “Food for Thought”. This program allowed book deliveries to be brought to seniors during the “stay-at-home” recommendation by the Governor of Virginia. Books were separated into genres and placed in bags and dropped off at the senior’s front porch/door. The books were all donated, therefore, no returns were necessary. The seniors just notified the center of their interest in the book delivery and the only thing they had to do was to just start reading and enjoy! This drop off program is no longer in service and has been replaced by the Curb Side Book Pick-Up Service from Loudoun County Public Library. Thank you so much to everyone who helped make this service possible. If you are still interested in books from the Library, please visit the LCPL website at https://library.loudoun.gov/ for details and information. Please enjoy some of the comments below from our members who received this service.

“I was so happy to have the books show up at my doorstep this morning. Many thanks, this is what makes the senior center so special!”

“This is such a lovely idea. Many thanks to the senior center and the LCPL at Rust. A huge thank you!”

“The books arrived this morning. In the bag was also a puzzle. Thank you so much. This is a great service and you guys made my day!”

“What an awesome program! Thank you so much for the books and the DVDs. You have made me very happy. Very thoughtful!”

Ellen Murphy, receiving one of the book deliveries!
If you do not already receive email from us, please contact the center at 703.737.8039 to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg

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**Six Steps to a Healthier You**
Emily Massi, Giant Food Nutritionist
Wed, June 17, 2020
11:00 AM - 11:45 AM (EDT)

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/783844997

You can also dial in using your phone.
United States: +1 (571) 317-3122

Access Code: 783-844-997

New to GoToMeeting? Get the app now and be ready when your first meeting starts: https://global.gotomeeting.com/install/783844997

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**ZUMBA GOLD VIDEO CLASS**
WITH LISA HALE

[Zumba Gold class 052120](copy link above into your browser)

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**Social Distancing & Staying Connected**

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Senior Cool Care
Summer Program

Fans and limited summer cooling assistance is available for persons aged 60 years and older who are income eligible June 1-September 30.

Please call:
Loudoun County Area Agency on Aging
703-777-0257
Email: aaa@loudoun.gov

The Area Agency on Aging is a Division of Loudoun County Parks, Recreation and Community Services

The Senior Center of Leesburg now has a Facebook Page. Copy the link below into your browser and check it out and please make sure to like our page!

https://www.facebook.com/leesburgsenior

Guest Speaker
Ethan Martin
Loudoun County Sheriff’s Office

COVID-19 Frauds & Scams
Thursday, June 18, 2020
1:30pm

Covid 19 has caused more fraud and scams. Learn how to protect yourself. Find out what are contact tracing and robocalls?

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/590606093

You can also dial in using your phone.
United States: +1 (224) 501-3412

Access Code: 590-606-093

All the staff at The Senior Center of Leesburg would like to wish all of our members who had a birthday in March, April and May, a very happy belated birthday and many more! Enjoy the video that we made for you all to enjoy in honor of your birthdays by pasting the link below into your browser:

https://www.youtube.com/watch?v=zHDqTeCfTg&feature=youtu.be
Seaver Miller
Loudoun County
Fire & Rescue

Fire Safety for Adults
Thursday, June 25, 2020
2:00 PM - 2:45 PM (EDT)

Please join my meeting from your computer, tablet or smartphone.
https://global.gotomeeting.com/join/861649093

You can also dial in using your phone.
United States: +1 (646) 749-3122
Access Code: 861-649-093

New to GoToMeeting? Get the app now and be ready when your first meeting starts:
https://global.gotomeeting.com/install/861649093

Senior Center Scavenger Hunt

This activity is a fun action that you can join-in with other members while staying safe at home. Each item is a photo that is taken and emailed to Cheryl Wheeler to publish in our newsletter. Send Email to:
Cheryl.Wheeler@loudoun.gov

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<tr>
<td>Monday, June 1, 2020 send in your answer.</td>
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<td><strong>Photograph an item around the house that you could not live without.</strong></td>
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<td>Monday, June 8, 2020 send in your answer.</td>
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<td><strong>Photograph anything around your home that makes you happy!</strong></td>
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<td>Monday, June 15, 2020 send in your answer.</td>
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<td><strong>Photograph your smiling face and send it in so we can all see each other again.</strong></td>
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<td>Monday, June 22, 2020 send in your answer.</td>
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<tr>
<td><strong>Photograph a memory or an item that you reminisce about.</strong></td>
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<td>Monday, June 29, 2020 send in your answer.</td>
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<tr>
<td><strong>Photograph something that you want to do in the Senior Center once we reopen.</strong></td>
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Please enjoy a walk along the Bluebird Trail with Carolyn Snyder and Eli Florence at The Senior Center of Leesburg by copying the link below into your browser:

https://www.youtube.com/watch?v=4YV0ws9A0EY &feature=youtu.be

**Scavenger Hunt Week One Photos:**
- Books
  - Joni Rose

- T & T
  - Tissues & tweezers
  - Cheryl Wheeler

**Scavenger Hunt Week Two Photos:**
- Lady Godiva
  - Our 3rd Child
  - Joni Rose

- Jazz & George
  - Inda Heisey

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**BLUEBIRD TRAIL NEWS**

*Bluebird Beakon*

Please enjoy a walk along the Bluebird Trail with Carolyn Snyder and Eli Florence at The Senior Center of Leesburg by copying the link below into your browser:

https://www.youtube.com/watch?v=4YV0ws9A0EY &feature=youtu.be

**Guest Speaker**

Lisa Geraci-Rigoni

Owner of The Organizing Mentors

**Show & Tell - Let’s talk about your ‘Stuff’- How to honor and cherish them!**

Thursday, June 18, 2020

10:00am

The first seven people to sign-up will have 3-5 minutes to tell the story of ONE item they do not use and cannot part with. When you speak answer these questions: Where did you get it? "What makes it special to you?" The group will then examine how to honor and cherish these items and/or pass them on to family or friends.

Please join my meeting from your computer, tablet or smartphone.

https://global.gotomeeting.com/join/343002981

You can also dial in using your phone.

United States: +1 (224) 501-3412

Access Code: 343-002-981
**COFFEE CHAT WITH LORI**
If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori.

To be connected with Area Agency on Aging programs and services, and other community resources, please call 703-777-0257 to speak with an Aging Program Specialist.

To sign-up, send an email to aasupport@loudoun.gov or call 571-233-2583.

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**Line Dance with Vinny**
Below is a video I put together for our class in hope that you will get motivated to move around, dance a little and hopefully have some fun. Please copy the link below and paste in your browser if you would like to enjoy.

Leesburg Friday AM beginner class, level 2:

[https://youtu.be/SD0vDRovcMc](https://youtu.be/SD0vDRovcMc)

Vinny

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**Go to Meeting - Spanish with Francisco**
Smiling faces are Francisco, Marlene, Mary, Jeanne, Barbara, and Bruce

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**COVID-19 INFORMATION**
More information about COVID-19 update can be found online by going to: www.loudoun.gov/coronavirus
Please join for a free legal webinar to discuss Estate Planning 101. This webinar is perfect for anyone just starting the process or wanting to update old documents and is especially relevant during the current pandemic. This lecture is designed to highlight the main parts to an estate plan and the critical importance of each document. Topics include wills and why you need one, revocable living trusts, advance medical directives (living wills, healthcare proxy and DNR’s), power of attorney for financial transactions and probate. Estate planning helps protect your family and loved ones by allowing them to know and execute your wishes in a simple manner in the event of your incapacity or death. Doing this now while you are healthy and have capacity can provide huge savings down the road and eliminate unnecessary costs, time and fees later.