Loudoun County Senior Centers drive through Congregate Meal pick-up time will be 11:30am-12:30pm, on Monday, June 29, 2020. If you are a current member of the center and would like to pick up a lunch, please contact the center 24-hours in advance 703.737.8039. When you call to reserve, you will be given further details about picking up your meal. We look forward to seeing you at the center!

The Senior Center of Leesburg
Drive-Thru Lunch Pickup
11:30am-12:30pm (New Pick-Up Time)
Monday thru Friday

Please be patient as we are testing this process out for the first time. We will do our BEST to accommodate you! Following the steps below will make this program go more smoothly. Again, Welcome Back! We have missed you!

- Call to reserve your lunch at 703.737.8039, 24 hours in advance of the day you want to eat (i.e. call Friday by noon for Monday’s meal; call Tuesday by noon, for Wednesday’s meal, etc.).

- You must currently be a member of the Senior Center to be eligible for this service. Lunch donation applies. Please indicate if you will need a regular or vegetarian meal when calling to make your lunch reservation.

- Drive-thru to pick up your lunch. Please bring a kitchen towel or oven mitt to receive your lunch, as the meals are very hot. Pull to the front main entrance of the Senior Center, and staff will check you in when you arrive, please remain in your vehicle as lunch will be delivered to you in your vehicle.

- Lunch Donations-if you would like to make a donation for the meal, we prefer a check but we will accept cash. Please put your donation in an envelope marked “donation for lunch” on the front of the envelope. We will have a box at the main entrance to collect them.
E-Recipe Corner:

Annie's Fruit Salsa & Cinnamon Chips

Directions:

1. In a large bowl, thoroughly mix kiwis, Golden Delicious apples, raspberries, strawberries, white sugar, brown sugar and fruit preserves. Cover and chill in the refrigerator at least 15 minutes.

2. Preheat oven to 350 degrees F (175 degrees C).

3. Coat one side of each flour tortilla with butter flavored cooking spray. Cut into wedges and arrange in a single layer on a large baking sheet. Sprinkle wedges with desired amount of cinnamon sugar. Spray again with cooking spray.

4. Bake in the preheated oven 8 to 10 minutes. Repeat with any remaining tortilla wedges. Allow to cool approximately 15 minutes. Serve with chilled fruit mixture.

Nutrition Facts Per Serving:
312 calories; 5.9 g total fat; 0 mg cholesterol;
462 mg sodium. 59 g carbohydrates; 6.8 g protein
Questions you may be asked when returning to the center once it reopens are listed below:

COVID-19 Screening Questionnaire

In the past 24 hours have you (or your child) experienced:

- A temperature of 100°F (37°C) or above?
- New cough that cannot be attributed to another health condition?
- New shortness of breath that cannot be attributed to another health condition?
- New sore throat that cannot be attributed to another health condition?
- Gastrointestinal symptoms (diarrhea, nausea, vomiting) that cannot be attributed to another health condition?
- New nasal congestion or runny nose?
- New loss of smell and/or taste?
- New muscle aches or pains?
- Any other sign of illness?
- Contact with someone in the previous 14 days with a confirmed diagnosis of COVID-19, or someone who is ill with a respiratory illness?

If the answer to any of the above questions is “yes,” we ask that you (or your child) not enter this facility or participate in any programs.
**Senior Cool Care Summer Program**

Fans and limited summer cooling assistance is available for persons aged 60 years and older who are income eligible June 1-September 30.

Please call:
Loudoun County Area Agency on Aging
703-777-0257
Email: aaa@loudoun.gov

The Area Agency on Aging is a Division of Loudoun County Parks, Recreation and Community Services

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The Senior Center of Leesburg now has a Facebook Page. Copy the link below into your browser and check it out and please make sure to like our page!

[https://www.facebook.com/leesburgsenior](https://www.facebook.com/leesburgsenior)

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If you do not already receive email from us, please contact the center at 703.737.8039 to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at:

[https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg](https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg)

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**Social Distancing & Staying Connected**

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**Guest Speaker:**
Mary Ellen Sherburne, Vitas
Thursday
June 25, 2020
9:30 AM - 10:30 AM (EDT)

*“Is there No Bounce left in Your Bounce Back”*

Please join my meeting from your computer, tablet or smartphone.

[https://global.gotomeeting.com/join/216602917](https://global.gotomeeting.com/join/216602917)

You can also dial in using your phone.
United States: +1 (224) 501-3412

Access Code: 216-602-917

Reach out and touch to get a little Bounce back into your Bounce Back!
### Fire Safety for Adults

**Thursday, June 25, 2020**  
**2:00 PM - 2:45 PM (EDT)**

Please join my meeting from your computer, tablet or smartphone.  
[https://global.gotomeeting.com/join/861649093](https://global.gotomeeting.com/join/861649093)

You can also dial in using your phone.  
United States: +1 (646) 749-3122  
Access Code: 861-649-093

New to GoToMeeting? Get the app now and be ready when your first meeting starts:  
[https://global.gotomeeting.com/install/861649093](https://global.gotomeeting.com/install/861649093)

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**Seaver Miller**  
**Loudoun County Fire & Rescue**

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### Senior Center Scavenger Hunt

This activity is a fun action that you can join-in with other members while staying safe at home. Each item is a photo that is taken and emailed to Cheryl Wheeler to publish in our newsletter. Send Email to: Cheryl.Wheeler@loudoun.gov

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, June 1, 2020</td>
<td>Photograph an item around the house that you could not live without.</td>
</tr>
<tr>
<td>Monday, June 8, 2020</td>
<td>Photograph anything around your home that makes you happy!</td>
</tr>
<tr>
<td>Monday, June 15, 2020</td>
<td>Photograph your smiling face and send it in so we can all see each other again.</td>
</tr>
<tr>
<td>Monday, June 22, 2020</td>
<td>Photograph a memory or an item that you reminisce about.</td>
</tr>
<tr>
<td>Monday, June 29, 2020</td>
<td>Photograph something that you want to do in the Senior Center once we reopen.</td>
</tr>
</tbody>
</table>
Scavenger Hunt Week Four Photos:

Joni Rose

Iris Planted behind
The Senior Center of Leesburg
By members
Carolyn Snyder and Eli Florence

HOUSE WREN PHOTO
BY: ELI FLORENCE
Dear Volunteers,

As we prepare reopening plans for our center, including the front desk and kitchen, we are exploring a potential plan to bring back all of our original volunteers in phases. In order to plan for the reopening, we need to know if you will be returning to your original volunteer position as it becomes available, that you held prior to the center being closed due to the COVID-19 pandemic. We sincerely hope you will return and want you to know that the center will be following Loudoun County safety protocols such as wearing face coverings, using hand sanitizer, and maintaining 6-foot social distancing.

Due to COVID-19, and new center guidelines and activities, some duties may have to be adjusted from what you were previously doing. This can be discussed with Sue or Joanna in further detail when you notify them of your interest in returning as a volunteer. Please let Sue Depoy (Kitchen) or Joanna Poston (Front Desk) know if you are planning to return to your volunteer position.

We will keep you posted with more specifics as we receive them, but for now, we would just like to know who will be coming back as volunteers to these duties.

Thank you, as always for your service (and patience) as we navigate these uncertain times. We appreciate you and look forward to working with you again soon.

Sue & Joanna
Bizarre, Unique and Special Holidays
June, 2020

June 24
International Fairy (or Faery) Day
Swim a Lap Day

June 25
Chinese Dragon Boat Festival - date varies
Log Cabin Day
National Catfish Day

June 26
Beautician's Day
Forgiveness Day
National Canoe Day
Take Your Dog to Work Day Friday

June 27
National Onion Day
Sun Glasses Day

June 28
Insurance Awareness Day - Now who do you think invented that!??
International Body Piercing Day
Paul Bunyan Day

June 29
Camera Day
Hug Holiday
International Mud Day
Waffle Iron Day

June 30
Meteor Day

If you do not already receive email from us please contact the center at 703.737.8039, to add your email address to the distribution list so that you can receive the e-newsletters and stay connected. You may visit our website (to view the e-newsletter) at: https://www.loudoun.gov/1181/The-Senior-Center-of-Leesburg

Please stay informed, Stay Safe, Take Care of Yourself and check in on each other.

We miss you and we care about you, Erik, Cheryl, Sue, Joanna, Diane & Dave