



COVID-19 UPDATES ~JULY 17, 2020~

Virginia Adopts First-in-the-Nation Workplace Safety Standards for COVID-19 Pandemic



Governor Ralph Northam announced statewide emergency workplace safety standards in response to COVID-19.

These first-in-the-nation safety rules will protect Virginia workers by mandating appropriate PPE, sanitation, social distancing, infectious disease preparedness and response plans, record keeping, training, and hazard communications in workplaces across the Commonwealth. The actions come in the absence of federal guidelines.

[Read the Full Press Release](#)

Excessive Heat: How to Stay Cool in Hot Weather

As the hot weather continues in Loudoun, make sure to stay hydrated and take precautions against the heat.

You can take these steps to prevent heat-related illnesses, injuries, and deaths during hot weather:

- Stay cool indoors.
- Drink plenty of fluids.
- Replace salt and minerals.
- Wear appropriate clothing and sunscreen.
- Schedule outdoor activities carefully.
- Pace yourself.
- Monitor people at high risk.
- Do not leave children or pets in cars.
- Use common sense.



[Get More Tips on Staying Cool, Excessive Heat Air Quality & More](#)

Free School Physicals for Uninsured Children

FREE SCHOOL PHYSICALS FOR UNINSURED CHILDREN

APPOINTMENT REQUIRED
CALL TODAY!!!

703-698-2550

To ensure social distancing, just the child and one parent should attend.
Masks are required for all participants.

Sterling - Inova Cares Clinic for Families
46440 Benedict Dr, Suite 208
Sterling VA 20164

The Sterling Inova Care Clinic for Families is offering free physicals for uninsured children. Appointments are required to receive this service.

To make an appointment, call **703-698-2550**.

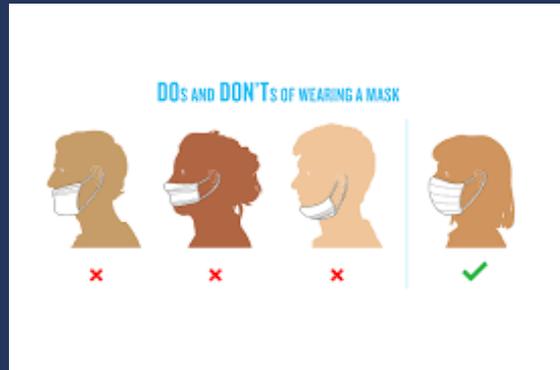
To ensure social distancing, only one parent and one child will be allowed to attend the physical.

Face masks are required for everyone involved with the physical.

The Sterling Inova Care Clinic for Families is located at 46440 Benedict Drive, Suite 208, Sterling, VA 20164.

Guide to Face Coverings

Governor Northam held a press conference yesterday on the status of COVID-19 in the Commonwealth. He reported that statewide case numbers are increasing, largely due to rising cases in the eastern portion of the state, with an average of 346 new cases per day. He attributes the increase to socializing without wearing a mask, particularly in the 20-29 age group.



We all play a role in slowing the spread of coronavirus in our community and preventing Loudoun and Northern Virginia from becoming hot spots. Wearing cloth face coverings that cover your nose and mouth and keeping a safe distance, 6 feet or more, from others are two ways to help slow the spread of COVID-19.

Please continue to wear masks and face coverings, and encourage your family, friends, and neighbors to do their part to slow the spread.

[Follow these tips for wearing and caring for cloth face coverings](#)

LCPS Update



Parents and guardians of students registered to attend Loudoun County Public Schools can verify that the correct choice of instructional model for their students has been registered for each student, between Thursday, July 16, and 4:00 pm on Saturday, July 18.

Emails were sent to parents/guardians on Thursday with personalized information regarding each of their students, identifying the choice of instructional model that has been selected for the start of the 2020-2021 school year.

If the choice indicated is accurate, no further action is required.

If the choice indicated is not what is desired for each student, parents/guardians should log in to [ParentVUE](#) to review their final selection.

Steps and instructions are available [here](#).

Parents can also send an email to their school principals or leave a voice message at their school administrative offices to request an update to their student's record.

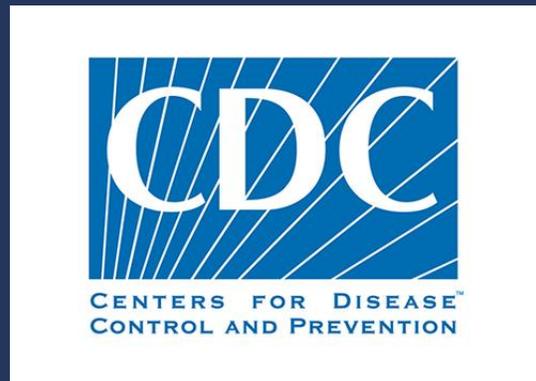
These options for making changes will be available until 4:00 pm Saturday, July 18. No additional changes will be accepted after this time.

Final confirmation messages will be sent to parents at 4:00 pm on Monday, July 20, with the selection that will be effective for each student for the first semester of the 2020-2021 school year.

CDC Fact Sheets for Young Adults (ages 15-21)

A series of fact sheets from the CDC cover a variety of topics, including what test results mean, how to stay safe at the pool or beach, how to wear a face covering and other preventative measures. Examples are:

- Wear a Cloth Face Covering to Protect You and Your Friends
- Help Protect Yourself and Others from COVID-19
- What Your Test Results Mean
- Slow the Spread of COVID-19
- Do it for Yourself and Your Friends
- Stay Safe at the Pool/Beach



[Explore the complete CDC toolkit for young adults](#)

Loudoun County Launches Pilot Glass Recycling Program



Loudoun County has launched a pilot glass recycling program at three of the county's recycling drop-off centers. Glass bottles and jars are now being collected in Sterling at:

Sterling Park Recycling Center:
400 W Laurel Avenue,
Sterling

The program is designed to increase recycling opportunities for glass. Glass that is commingled with other materials in the recycling process is often contaminated after the sorting process, limiting the extent to which the glass can be recycled. The glass collected in the Loudoun pilot program will be sent to Fairfax County to be used in construction projects and may also be sent to other facilities that are able to recycle glass bottles into new products.

Visitors to the recycling center will see large purple bins labeled "Glass Recycling," where glass bottles and jars are to be placed.

[Learn More about the Guidelines](#)

Natural Disasters, Severe Weather, and COVID-19

Planning and preparing for hurricanes and other natural disasters can be stressful, even more so during the COVID-19 pandemic. Know how this pandemic can affect disaster preparedness and recovery, and what you can do to keep yourself and others safe.

The CDC also offers links to resources and information that public health professionals, healthcare workers, and emergency responders can use to help people stay safe during and after a natural disaster amid the COVID-19 pandemic.



[Get More Info](#)

VHSL Will Announce Sports/Activities Plan for 2020-21 on July 27th



The Virginia High School League Executive Committee will meet on Monday, July 27, to vote on the three recommended models for reopening sports and activities.

The three models presented to the Executive Committee for the opening of sports/activities are as follows:

Model 1 – Leave all sports in current season

Low and moderate contact risks sports that would be allowed to play are golf and cross country. High risk sports that would not be played are field hockey, football, volleyball, and cheer. Fall activities that would be allowed is theatre.

Model 2 – Switch Fall and Spring seasons

Low and moderate contact risk sports that would be allowed to play in the fall are track and field, tennis, soccer, baseball, and softball. High risk sports that would not be played are boys/girls lacrosse. Spring activities that would be allowed are theatre, forensics/debate, and film festival

Model 3 – Delay all VHSL sports and adopt the Condensed Interscholastic Plan

Leave all sports in the season where they are currently aligned.

- Season 1 (Winter) December 14 – February 20 (First Contest Date – December 28)
- Season 2 (Fall) February 15 – May 1 (First Contest Date – March 1)
- Season 3 (Spring) April 12 – June 26 (First Contest Date – April 26)

[Learn More](#)

Commuter Connections: Commute with Confidence

The Metropolitan Washington Council of Governments (COG) Commuter Connections program has launched its Commute with Confidence clearinghouse, a free, regional resource with information and COVID-19 safety tips for area employees transitioning back into the workplace.

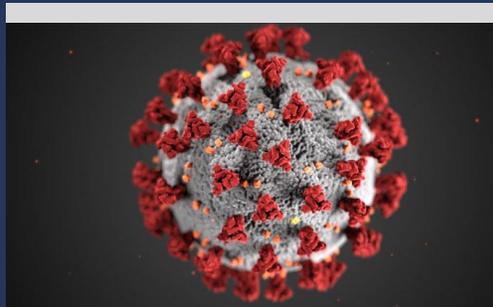


Commuter Connections is here to help you commute with confidence as the National Capital region begins to methodically re-open businesses. This webpage contains tips on how to keep yourself safe during your commute, as well as information on what local transportation providers are doing to make shared commuting as safe as possible.

[Learn More](#)

Stay Informed!

Keeping with the Board of Supervisors' policy, regularly scheduled meetings of the Board's [advisory boards, commissions and committees](#) are canceled while Loudoun County Public Schools are closed. The county will provide updated information on meeting status as this rapidly evolving situation continues. For the most current schedule, please visit loudoun.gov/calendar.



The county continues to encourage everyone in the

**LOUDOUN
COUNTY**
—  —
VIRGINIA

Loudoun County encourages residents to stay informed about COVID-19

community to take steps to limit the spread of COVID-19, which include:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer only if soap and water are not available.
- Avoid touching your eyes, nose and mouth.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick.
- Avoid contact with sick people.
- Avoid non-essential travel.

- To receive email updates on COVID-19, visit loudoun.gov/coronavirus.
- Text **LCCOVID19** to **888777** to receive text alerts from Loudoun County about COVID-19.
- Envíe un mensaje de texto con **LCCOVIDESP** al **888777** para actualizaciones diaras relacionadas con el coronavirus (COVID-19) en el condado de Loudoun.

Residents with questions about COVID-19 may call the Loudoun County Health Department's information line, 703-737-8300, or email health@loudoun.gov.

Supervisor Koran T. Saines

Sterling District Supervisor
Loudoun County Board of Supervisors
[703-777-0204](tel:703-777-0204)

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