This week we are excited to welcome SUMMER!

On Tuesday, join us for World Rainforest Day. We'll learn about the importance of Rainforests and their impact on the environment. Then we'll listen to Rainforest sounds! Ohh.. Is that sound a hundred frogs or a hundred crickets? Tune in to find out!

Summer always reminds us of fishing and Loudoun County has several great spots to go to throw in your line. This Thursday, we'll have fun with Sian leading Story in Motion—Let’s go Fishing! You'll have so much fun, you'll be eager to find your own favorite fishing spot! Check out the PRCS website to find a convenient, fun and close by fishing pond in one of the beautiful Loudoun County Parks— Banshee Reeks Nature Preserves , Bles Park, Elizabeth Mills Riverfront Park, Franklin Park or Meadow Glen Park.

Finally, on Friday, we'll round out our week with a Summer Jingo. Make sure to print out the Jingo card attached to this email to play with us.

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<th>Monday</th>
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<td>PINK-Day</td>
<td>Rainforest Day</td>
<td>Musical Guests:</td>
<td>Cat Fish Day</td>
<td>Summer Jingo</td>
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<td>Categories</td>
<td>Sounds &amp; Trivia</td>
<td>Beth and Carol</td>
<td>Let’s Go Fishing!</td>
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The Virtual Programming information will be sent to Center Participants.
Loudoun County’s Virtual Support

COFFEE CHAT WITH LORI
If you are a caregiver for a loved one or if you are an older adult (60+) in need of support during this difficult time, connect virtually (FaceTime or by phone) over coffee with Lori. To sign-up, send an email to aaasupport@loudoun.gov or call 571-233-2583

LOUDOUN COUNTY AREA OF AGING VIRTUAL CAREGIVER SUPPORT GROUP
For caregivers of people with memory loss. For more information on how to join, please contact Erin.Nesbitt@loudoun.gov or call 703-777-0257.

LOUDOUN COUNTY LEESBURG ADULT DAY CENTER
ALZHEIMER’S ASSOCIATION SUPPORT GROUPS
Contact Jaimee at 703-771-5334 for more information.

INFORMATION & ASSISTANCE & CASE MANAGEMENT SERVICES & CAREGIVER SERVICES
If you need to speak with someone regarding available services or need assistance connecting to services, you can reach an aging program specialist at 703-777-0257 and check us on the web www.loudoun.gov/aaa. If you have questions, please send an email to aaasupport@loudoun.gov for information.

MEDICARE COUNSELING
Help with Medicare is available via the Loudoun County Area Agency on Aging Medicare Helpline via phone at 703-737-8036. If you would like to be added to the Virginia Insurance Counseling & Assistance Program (VICAP) Medicare Memo email list for any Medicare updates or VICAP presentations, please email jane.bretzin@loudoun.gov.

ALZHEIMER’S ASSOCIATION HELPLINE 24/7
Call 1-800-272-3900

PARKINSON’S INFORMATION & RESOURCES
Parkinson.org has many opportunities for virtual training & information:

THE ALZHEIMER’S FOUNDATION OF AMERICA
Alzfdn.org is providing virtual community classes. National Toll-Free Helpline:866-232-8484 Check out their Events Calendar.

The Loudoun County Sheriff’s Office (LCSO)
Provides Medication Prescription Pick-Up & Delivery Assistance
To participate residents must contact the LCSO at 703-777-1021 to request this service. Residents may call 24 hours a day, seven days a week. Deliveries will be made during normal business hours.

The Eastern Loudoun Adult Day Center
45140 Bles Park Drive, Ashburn, VA 20147 Main Tel: (571) 258-3232
Manager-Megan Carriere | Asst. Manager-Sally Gehl