



Loudoun County Area Agency on Aging
FAMILY CAREGIVER EDUCATION PROGRAM

LIFTING THE CAREGIVER SPIRIT

Presented by Loretta Anne Veney

This session will provide participants with tips and techniques for lifting the spirit and uncovering joy even through the challenges of caregiving. Activities geared to providing joy and inner peace will be conducted during the session.

Saturday, November 18 at 12 pm

Loudoun County Area Agency on Aging
20145 Ashbrook Place, Suite 170
Ashburn, VA 20147

TO RESERVE YOUR SEAT FOR THIS FREE PROGRAM,
please send an email to aaasupport@loudoun.gov
or call 703-771-5407.

Lunch and materials will be provided.



If you require an accommodation for any type of disability in order to participate, please contact Lesley Katz at 703-771-5407/TTY-711. Three business days advance notice is requested.