



Loudoun County Area Agency on Aging  
**SPRING FAMILY CAREGIVER EDUCATION SERIES**

**VALUABLE ALLIES ON YOUR LOVED ONE'S CARE TEAM**

Tuesday, March 6, 12 pm - 1:30 pm

Presented by

Rahel Yirga, MD, Farrah Daly, MD & Megan Descutner, MSN, RN, CMC, CDP

**STILL HERE, BUT NOT: MANAGING LOSS AND UNDERSTANDING GRIEF**

Saturday, March 17, 12 pm – 1:30 pm

Presented by Mary Ellen Gizzie

**SING, SING, SING! BRINGING HEALTH AND HARMONY HOME**

Tuesday, April 3, 11:30am -1:00 pm

Presented by Mary Shapiro, BS, BA

**LEGAL PLANNING**

Saturday, May 19, 12 pm – 1:30 pm

Presented by Valerie B. Geiger, Esq.

Loudoun County Area Agency on Aging  
20145 Ashbrook Place, Suite 170 • Ashburn, VA 20147

**TO REGISTER FOR THESE FREE PROGRAMS,**

please send an email to [aaasupport@loudoun.gov](mailto:aaasupport@loudoun.gov) or call 703-771-5407.

A complimentary lunch is provided.



*If you require an accommodation for any type of disability in order to participate, please contact Lesley Katz at 703-771-5407/TTY-711. Three business days advance notice is requested.*