WELCOME

If you have not done so already, please...

- Sign in for your Picture ID
- Get a polo shirt, fanny pack & ID holder
- Take a seat if you’re staying for orientation
Loudoun Medical Reserve Corps Orientation

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OBJECTIVES

▪ Role of public health in preventing the spread of communicable diseases
▪ Introduction to the Medical Reserve Corps (MRC)
▪ Role of the Loudoun’s MRC
▪ Legal liability issues
▪ Staffing and logistics of sites including:
  ▪ Mass immunization
  ▪ Medication dispensing sites
ROLE OF PUBLIC HEALTH AND THE MRC IN PREVENTING THE SPREAD OF DISEASES

▪ Loudoun Health District Mission:

▪ To provide services that protect and enhance the health and well-being of all people in Loudoun County

▪ The Loudoun Health District envisions playing a lead role in fostering a community of health and wellness achieved by creating partnerships with:

  ▪ County and Town governments
  ▪ State and Federal agencies
  ▪ Private organizations
  ▪ Local community
Epidemiological Investigations

Distributing Medications/Vaccinations

Isolation and Quarantine

The CDC’s quarantine and isolation functions primarily involve entry into the U.S. from foreign countries though the CDC may be involved in diseases that pose a risk across state borders.

The Health Commissioner and the Governor are authorized to enforce isolation or quarantine of citizens to prevent the spread of disease in Virginia. (The Director of the County Health Dept. is not)
PUBLIC HEALTH EMERGENCIES

Man-Made Emergencies
Bioterrorism: Anthrax, Botulism, Cholera, Smallpox and the Plague.

Natural Disasters
Earthquakes, floods and droughts, tornadoes, lightening and extreme weather.

Disease Outbreaks
Influenza pandemic, COVID-19 pandemic, among others.
STRATEGY TO MEET PUBLIC HEALTH EMERGENCIES

- Under the guidance of Federal, State, and Local governments:
  - Isolate, diagnose, and treat cases
  - Establish surveillance and conduct epidemiological investigations
  - Establish and operate county mass dispensing/ immunization sites (PODs)
HISTORY
BEHIND THE MRC

▪ Following 9-11 attacks
  ▪ Thousands of unaffiliated volunteers showed up to help
    ▪ No way to identify and verify credentials
    ▪ Not covered under liability laws
    ▪ Difficult to manage
    ▪ Lack of Incident Command System (ICS) training

▪ The USA Freedom Corps was formed by President Bush in 2002 to serve as a coordinating Council.
  ▪ MRC was part of the USA Freedom Corps
Foster Community Resiliency

Get all response partners to the table with a common goal

Strengthening the “everyday” public health system will improve community preparedness

Establish groups of volunteers with interest in strengthening local public health system and providing help in emergencies:

Organize/utilize locally

Integrate with existing programs and resources

Identify, credential, train and prepare in advance

Include medical and public health professionals, and others

Enhancing the capacity of MRC units to achieve their local missions

Improve the health and safety of communities across the country by organizing public health, medical and other volunteers
### WHY IS EVERY MRC UNIT UNIQUE?

<table>
<thead>
<tr>
<th>All MRC units</th>
<th>Units vary by</th>
<th>Leadership determines the model that best fits their community</th>
<th>Differing laws and local government structure</th>
</tr>
</thead>
</table>
| • Manage their own organizational structure and utilization of members  
• Screen and conduct member background checks, including verification of professional licensure/certification  
• Train/prepare members | • Types (e.g. medical vs non-med) volunteers  
• Sponsor and Partner organizations  
• Mission focus | • Population and geography  
• Community government structure  
• Health needs and risks  
• Other unique community factors | • One “size” does not fit all |
LOUDOUN MEDICAL RESERVE CORPS

- Housed in the Health Department
  - Dr. David Goodfriend, Director
  - Francis Rath, MRC coordinator
  - Monserrat Hellman, MRC Program Assistant
- Both medically trained and non-medical volunteers
- Local asset
- One of the largest MRC in Virginia – about 2,000+ members of all levels
The Medical Reserve Corps (MRC) is a component of the Loudoun County Health Department. It is chaired by an MRC member and includes representatives from the health department and MRC volunteers. The MRC Coordinator reports to the Emergency Planner and the Director of the Loudoun County Health Department.
The Loudoun MRC participates in the Virginia Volunteer Health System (VVHS), a state registry for all the Medical Reserve Corps in the State.

- VVHS allows members to maintain and update their own data to ensure its accuracy.
- VVHS also needs to have your professional license/certification information (and driver’s license number).
- VVHS verifies professional license/certification automatically.
- VVHS contains an alerting system capable of contacting you by voice, text messages and email.
- The Loudoun MRC also maintains a local database with your information.
If you forget your login information please - do not register as new user again

- Use the “Trouble Logging In” link (https://vvhs.vamrc.org/)

If you move, change your contact information (email, address, phone numbers) or your status changes (such as you have become an RN) please update VVHS and please inform us by email.
LOUDOUN MRC ROLES IN THE COMMUNITY

- Staff alternate care sites
- Supplement health department staffing as needed
- Outbreak investigations
- Provide medical care, administer vaccines and dispense medications.
- Assist with isolation/quarantine activities
- Promote preparedness
- Provide staffing in response to health emergencies
- Assist at the Emergency Operations Center
- Provide administrative, logistical and communications support
- Represent the MRC at community events (such as fairs)
- Provide health education as part of a local public health initiative

Depending on the situation medically trained members may be placed in non-medical roles
MRC ACTIVATION DURING AN EMERGENCY

- MRC volunteers will be notified by email, text and/or phone, or via Public Media Announcements
  - Please add loudoun.gov, mrc_members@lyris.dundee.net and vdh.virginia.gov to your safe senders list
  - Check your spam occasionally and if there is an email from us add us to your safe senders list
LEGAL LIABILITY ISSUES

- MRC volunteers will NOT be asked to do anything for which they are not trained

- Volunteers and other staff will receive specific job instructions and training prior to the opening of sites to the general public

- Liability issues are addressed in several portions of the Code of Virginia
LEGAL LIABILITY OF VOLUNTEERS

- **Code of Virginia § 44-146.23** (Commonwealth of Virginia Emergency Services and Disaster Law of 2000)
  - MRC volunteers when deployed “should be immune from liability for negligence caused when providing medical and health services”
  - Additionally, during an emergency, those MRC volunteers “who are licensed or certified to render health care services should receive immunity from negligence when they gratuitously render aid using their skills”

- **Code of Virginia § 2.2-3600 et seq.,** (State Government Volunteers Act)
  - MRC volunteers may enjoy the protection of the Commonwealth’s sovereign immunity

- **Code of Virginia § 8.01-225.01**
  - MRC volunteers may enjoy protections from liability in cases where a provider is alleged to have abandoned his own patients while helping out in a declared emergency
LEGAL LIABILITY OF VOLUNTEERS

- **Code of Virginia § 8.01-225.02**
  - MRC volunteers who are health care providers may enjoy certain liability protection during declared disasters when:
    - A state or local emergency has been or is subsequently declared in response to such disaster, and
    - The emergency and subsequent conditions caused a lack of resources, attributable to the disaster, rendering the health care provider unable to provide the level or manner of care that otherwise would have been required in the absence of the emergency and which resulted in the injury or wrongful death at issue

- **Virginia Code §§ 8.01-225 et seq., the “Good Samaritan Act”**
  - MRC volunteers (and others) should be immune from liability for harm caused when providing emergency care to ill or injured persons at the scene of an accident, fire or any life-threatening emergency
LEGAL LIABILITY OF VOLUNTEERS

  - MRC activities relate to the dispensing of drugs or devices
  - During a public health emergency, the Secretary of HHS may appoint MRC volunteers as intermittent disaster response personnel

Liability Insurance | Risk Management of Volunteers

- Virginia MRC volunteers are covered by VDH’s Risk Management policy for daily public health activities
  - When deployed under the direction of VDH, and
  - Abiding by VDH volunteer policies (Virginia Code 2.2-1837 and 2.2-1840)

- This includes up to $2 million in Tort/Medical Malpractice Liability and up to $10,000 for medical payment claims
WORKERS COMPENSATION FOR VOLUNTEERS

- Coverage could be provided if:
  - A locality decided to provide MRC workers compensation after adoption of a resolution pursuant to VA. Code § 65.2-101 (This would apply only to MRCs acting in the same locality as the local government. This is not the case currently in Loudoun)

- MRCs are responding to a VDEM (Virginia Dept. of Emergency Management) requests for assistance, MRCs may then be deemed employees of VDEM for purposes of the Virginia Workers Compensation Act and could be eligible for Workers Compensation

- If MRCs are deployed by Virginia under an EMAC (Emergency Management Assistance Compact - www.emacweb.org)

- In most cases MRC volunteers do not fall under workers compensation in the Commonwealth
In your MRC role, you may have access to the Protected Health Information (PHI) of patients or others seeking care, such as their name, demographics or medical conditions.

The fact that an individual is or was a patient is PHI.

PHI cannot be disclosed to ANY other person or medical entities without the written consent of the patient.

You may use PHI as necessary to carry out your duties as an MRC volunteer.

As directed, you may share PHI with other health care providers for treatment purposes.

You may NOT photocopy PHI.

Do not dispose of any documents with PHI into a waste can.

Instead, place discarded documents with PHI into containers properly marked for shredding.

Be aware of your surroundings: It is inappropriate to discuss PHI in bathrooms, lunch areas or any other public spaces.

More information on HIPAA is available at https://www.hhs.gov/hipaa/index.html.
LOUDOUN MRC

Training & Overall Expectations
LOUDOUN MRC EXPECTATIONS

- All MRC members should be familiar with the Handbook and Confidentiality Policy
  - The Handbook will assist you in answering questions you may have on MRC deployment and operations including how to use VVHS and TRAIN VA.
  - Handbook is in our MRC Member Page [https://www.loudoun.gov/2525/MRC-Members-Page]

- **DO NOT** respond to any emergency, or act on behalf of the MRC in any way, unless specifically requested by the Loudoun Health Department

- Respond only to designated deployment site(s)

- Assume that anything you see or hear while in an MRC role is confidential and not to be discussed, not even with other individuals
MRC TRAINING EXPECTATIONS

In person recommended trainings
- CPR/AED/Basic First Aid
- Mental Health
- Preparedness class
- Epi Strike Team
- REVIVE!
- Participation in drills

Required Training
1. MRC Orientation (you are here now!)
2. Background Investigation

Highly Recommended
3. IS-700, National Incident Management System
4. IS-100.c, Introduction to Incident Command System
TRAIN VA is a learning management system designed to improve workforce competencies and to provide access to Virginia and national educational sources.

- All MRC members have been assigned a VA Train account [https://www.train.org/virginia/welcome]
  - To retrieve your login information click on “Can’t log in” and follow the prompts
  - You must use the email address you registered in VVHS with

- Register for a Course: ONLY ONCE

- This is the preferred training venue
  - You can find IS700 and IS100 here (you need to find the FEMA course)
National Incident Management System (NIMS) trainings (https://training.fema.gov/nims/)
- IS 100 and 700 can also be found here

When you have completed the IS classes you will receive an email from FEMA with a link to your completion certificate.

Please forward this email to: francis.rath@loudoun.gov or MRC@loudoun.gov or print out a copy and mail it to:
- Loudoun County Health Department
- Attn: Francis Rath, MRC Coordinator
- PO Box 7000 MSC 68-C
- Leesburg, VA 20177

Note: You will be required to create a Student ID (SID) in order to receive credit for these courses (https://cdp.dhs.gov/femasid)
Upon acceptance in the Loudoun MRC you should have received an email with instruction on how to obtain a background investigation (BI) at no charge to you:

a. Email VVHS@vamrc.org the following 2 items and state that it is for the BI:
   i. Photo of yourself (a selfie is fine) following the below guidelines:
      i. The photo should be current, color, clear, in focus. Full headshot facing forward with your head centered in the frame. Hats, head coverings or glasses are not permitted, except when they are worn for medical or religious reasons.
      ii. DO NOT use images of actual documents with your image already scanned (i.e. passports, driver’s licenses).
   ii. Photo or scan of a government issued ID such as a passport, driver’s license or personal identification.

If you have any questions, please contact francis.rath@loudoun.gov or Monserrat.hellman@loudoun.gov

This is necessary before you can participate in MRC responses.
Family and Personal preparedness is the basis for ALL preparedness
BE “RED CROSS READY”

ARE YOU AND YOUR LOVED ONES READY FOR AN EMERGENCY? DOES EVERYONE KNOW WHAT THEY SHOULD DO IF DISASTER STRIKES?

Get a kit
- Battery-powered or hand crank radio
- Flashlight and extra batteries
- First aid kit, medications and medical items
- Copies of all important documents (proof of address, deed/lease to home, passports, birth certificates, insurance policies) and extra cash

Make a plan
- Talk with household members about what you would do during emergencies. Plan what to do in case you are separated, and choose two places to meet
- Tell everyone in the household where emergency information and supplies are kept.

Be informed
- Know the risks where you live, work, learn and play.
- Find out how you would receive information from local officials in the event of an emergency.
MORE WAYS TO BE PREPARED

- Learn First Aid/CPR/AED (adult, child, infant, pet)
- Get Trained or Certified
- Become an Instructor
- Give Blood
- Sign up for Alerts
  - [www.loudoun.gov/alert](http://www.loudoun.gov/alert) [Choose which alerts are of interest to you]
INCIDENT COMMAND (IC)

National Incident Management System (NIMS) ICS-700
Incident Command System (ICS) ICS-100
NATIONAL INCIDENT MANAGEMENT SYSTEM (NIMS)

▪ “NIMS provides a consistent, nationwide approach for Federal, State, local, and tribal governments so that they may work together effectively in order to prepare for, prevent, respond to, and recover from domestic incidents, regardless of cause, size, and/or complexity…”

▪ NIMS is:
  ▪ Flexible to enable all responding organizations to work together
  ▪ Standardized to improve overall response and interoperability
INCIDENT COMMAND SYSTEM (ICS)

- Proven incident management system that is based on organizational best practices
- Interdisciplinary and organizationally flexible
- Appropriate for all types/sizes of incidents
- Allow personnel from a variety of agencies to meld rapidly into a common management structure

ICS is designed to:

- Be cost effective by avoiding duplication of efforts
- ICS has been tested in more than 30 years of emergency and non-emergency applications, by all levels of government and in the private sector
ICS FEATURES

▪ Common terminology
  ▪ Essential to ensuring efficient and clear communications
  ▪ Common terminology also includes the use of “clear text” -- that is, communication without the use of specific codes or jargon

▪ Organizational resources
▪ Organizational facilities
▪ Use of standardized position titles
▪ Reliance on an Incident Action Plan
▪ Integrated communications
▪ Accountability
SPAN OF CONTROL

- From 3 to 7 reporting elements per supervisor
- 5 reporting elements per supervisor is optimum
- Each person reports to only one supervisor
FIVE MAJOR MANAGEMENT FUNCTIONS OF ICS

- Incident Command
  - Operations Section
  - Planning Section
  - Logistics Section
  - Finance Administration Section
We offer Loudoun specific Command and General Staff training
Use of common ICS position titles helps reduce confusion between a person’s position on an incident and his/her day-to-day position.

<table>
<thead>
<tr>
<th>Organizational Level</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incident Command</td>
<td>Incident Commander</td>
</tr>
<tr>
<td>Command Staff</td>
<td>Officer</td>
</tr>
<tr>
<td>General Staff (Section)</td>
<td>Chief</td>
</tr>
<tr>
<td>Branch</td>
<td>Director</td>
</tr>
<tr>
<td>Division / Group</td>
<td>Supervisor</td>
</tr>
<tr>
<td>Unit</td>
<td>Leader</td>
</tr>
<tr>
<td>Strike Team / Task Force</td>
<td>Leader</td>
</tr>
</tbody>
</table>
ICS POSITION TITLES

- Provide a common standard for all users
- Distinct titles allow for filling positions with the most qualified individuals – not necessarily the highest ranking
- Useful when requesting personnel
STAFFING AND LAYOUT OF MASS DISTRIBUTION SITES

(Points of Dispensing - PODs)

Incident Command System Structure for PODs
POINTS OF DISPENSING (PODS)

▪ POD or points of dispensing, are community locations in which state and local agencies dispense Medical Countermeasures (immunizations and medications) to the public during a public health emergency.

Potential Mass Dispensing Sites:

▪ County Schools
  ▪ Already part of the Loudoun County Emergency Operations Plan for use as shelters

▪ County Libraries

▪ County Community Centers among other locations
PODS STAFFING

Potential Staffing Sources:

- Loudoun Health Department (80+ employees):
  - Medical Personnel: 1 MD, 1 Dentist, ~16 RN’s, 1 epidemiologist, several medical assistants
  - Non-Medical Personnel: Mainly environmental health and administrative personnel

- Loudoun Medical Reserve Corps
  - 2000+ members, 75% non-medical

- Loudoun County Gov’t Employees

- Loudoun County School Employees

- Other affiliated and non-affiliated volunteers
PODS STAFFING

Site Staffing Requirements:

- Medical Personnel
- MD, Pharm, Mental Health, NP, RN, PA, EMT, Other

- Positions:
  - Contact Evaluation Personnel
  - Triage Personnel
  - Medical Screeners
  - Medical Evaluators
  - Immunizers/ Medication Dispensers
  - Assistants
  - Exit Review Personnel

- Represent 32% of the personnel needed

- Non-Medical Personnel
  - Staging Site Personnel
  - Site Flow Personnel
  - Greeter Personnel
  - Forms/Packet Distributors
  - Logistical Support Personnel
  - Traffic Control Personnel
  - Additional Assistance Personnel
  - Law Enforcement

- Represent 68% of the personnel needed
  - Note that we also can have non-medical or other PODs with different medical/non-medical personal ratios
# SAMPLE MEDICAL POD FLOW

<table>
<thead>
<tr>
<th>No.</th>
<th>Station</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Greeting &amp; forms distribution</td>
</tr>
<tr>
<td>2</td>
<td>Triage</td>
</tr>
<tr>
<td>3</td>
<td>Additional Assistance (if needed)</td>
</tr>
<tr>
<td>4</td>
<td>Forms Review</td>
</tr>
<tr>
<td>5</td>
<td>Medical Evaluation (if needed)</td>
</tr>
<tr>
<td>6</td>
<td>Medication</td>
</tr>
<tr>
<td>7</td>
<td>Exit Review</td>
</tr>
</tbody>
</table>

### POD LAYOUT

Client Flow (Arrows) and Location of Site Flow Personnel at Templated High School

- **= Client Main Flow**
- **= Optional Main Client Flow**
- **= Barrier**
- **= Optional Barrier**
- **= Command Post**
Medical POD ICS
STAGING SITE

- If multiple sites are open or if a site is open for multiple periods then a Staging Site is likely to be in operation.

- Staff would be told to report to the Staging Site to:
  - Check in
  - Receive job Assignment
  - Receive Deployment packet including Job Actions Sheets (detailed job instructions)
  - Deployed to their assigned site
  - Return and checkout
Sample Staging Site

<table>
<thead>
<tr>
<th>Personnel Flow</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flow to assign SS and other facility workers</td>
</tr>
<tr>
<td>1 Station ID check</td>
</tr>
<tr>
<td>2 MRC Worker Verification/Shirt Issue</td>
</tr>
<tr>
<td>3 Registration</td>
</tr>
<tr>
<td>3A Job Assignments</td>
</tr>
<tr>
<td>4 Medication 1</td>
</tr>
<tr>
<td>5 Briefing and SS JITT-1</td>
</tr>
<tr>
<td>6 Deployment</td>
</tr>
<tr>
<td>SS workers report to assigned posts</td>
</tr>
<tr>
<td>Other facility workers deploy on buses</td>
</tr>
<tr>
<td>7 Facility ID/transportation to other facilities</td>
</tr>
<tr>
<td>8 Medication 2 (SS workers only)</td>
</tr>
<tr>
<td>9 Checkout</td>
</tr>
<tr>
<td>SS workers departing SS</td>
</tr>
<tr>
<td>Other Facility workers departing SS</td>
</tr>
</tbody>
</table>
Staging Site Incident Command System (ICS) Organization

Color Coding:
Red = Manager
Green = Command Post Staff
Orange = Supervisor
Yellow = Non-Supervisory Workers

Positions with dotted line outlines may not be filled.
Some positions may differ from NIMS structure.
Numbers correspond to job description for that position.
SITE
FACILITIES &
PERSONNEL

Worst Case Scenario 1

- Based on a 400,000+ population in a 4-day operation using three, 8-hour shifts per day:

- Facilities currently needed: 1 staging site and 6 mass distribution sites

- Personnel needed: medical and non-medical personnel -- approximately 1,900 personnel per day

- This is a medical POD
Worst Case Scenario 2

- Cities Readiness Initiative (CRI) - Bioterrorism (Anthrax)

- Facilities needed: 1 staging site and many mass distribution sites

- 24 hours to set up and 24 hours to give antibiotics to all

- This is a non-medical POD scenario - no medical screening

- Also a household member can pick up medication for other household members
EVENTS AND EXERCISES MRC HAVE SUPPORTED
2004 HIGH RISK FLU CLINIC

- Over 80 MRC volunteers joined 30 Health Department staff to provide flu vaccine to almost 1,500 of our county’s highest risk residents.
- MRC members filled every type of role, from parking lot attendant, to flu vaccinator, to event coordinator.
- The clinic was able to vaccinate at a rate of 480 patients per hour, essentially reaching the goal of our emergency plan.
More Events

**PotomEX 06 Exercise**

- Pandemic Flu Simulation
- Seasonal Flu vaccination given to those who requested them
- Staging site with 2 PODS (1 simulated, 1 real)

**Tri-Pods 07 Exercise**

- Anthrax Simulation (Worst Case Scenario) – Head of Household
  - Each person picked up medication for their household (up to 6 people).
- Tested ability to give medications to population within 24 hours of opening PODs (within 48 hours of event)
- Three PODs tested 3 different models
  - Dispensed medication at a rate in excess of 1000 persons/hour.
  - This is a non-medical pod model requiring large number of personal
First activation of the Loudoun MRC – October 2009

• 23 MRC volunteers, both medical and non-medical provided 238 hours of time over a 2 week period in April at the Emergency Operations Center in support of to the Health Department's initial response to the H1N1 virus outbreak

• Over 150 MRC members provided over 3000 hours of critical support (October 2009 – January 2010) at multiple vaccination PODs/clinics as well as administrative support

• The value of the time put in by volunteers was over $65,000

2009 H1N1 (SWINE FLU)
COVID-19 EMERGENCY RESPONSE

- Staffed Hot Line Call Center
  - Answered general public questions from the onset of the pandemic
- Staffed drive-thru testing sites
- Deployed volunteers to Long Term Care Facilities to relieve staff shortages
- Conducted Contact Tracing Investigations
- Logistical support such as Point Prevalence Survey Data Entry
- Infection Control Ambassador for Elections
- Staffed the Covid-19 vaccination PODs
- And more
OTHER EVENTS

▪ **Zika 2016**
  ▪ Developed protocols for MRC Teams going door to door for first time
  ▪ Placed door hangers and looked for and reported back on potential mosquito breeding grounds

▪ **Code Flu 08**
  ▪ Tested the establishment of a staging site and a POD
  ▪ Seasonal flu vaccine was provided to the public

▪ **Stage Coach 13**
  ▪ Tested the use of a staging site
  ▪ Staging site staffed 2 simulated PODs
  ▪ All key positions staffed by MRC
  ▪ Approximately 150 participants

▪ **RTF 2018 - 2019**
  ▪ Provided Patients for a series of Fire/Rescue/Police drills to train on active shooter scenarios
OUR CHALLENGE

- Training our volunteers is our top priority
  - We encourage all our members to take the ICS trainings

- We need to substantially increase our membership size to be fully prepared
  - Raise awareness about the MRC
  - Share flyers, news and social media posts
  - Talk to your friends and family about the MRC

- Do you belong to an HOA, PTA, Civic Organization, etc.?
  - Let us talk to them about the MRC!

- Juniors (16/17) can join too!
  - Receive community service hours if needed
WE CHALLENGE YOU!

Help us grow the MRC
We challenge you to recruit 2 new MRC members!

New Members can apply at:

www.loudounmrc.com
QUESTIONS AND SUGGESTIONS?

▪ Feel free to contact us with any questions.

▪ Please contact Francis Rath or Monserrat Hellman if you would like us to give a presentation about the MRC.

▪ Thank you for helping keep our community safe.
HELPFUL INFORMATION

- **Links:**
  - [https://www.loudoun.gov/1352/Medical-Reserve-Corps](https://www.loudoun.gov/1352/Medical-Reserve-Corps)
  - [https://www.loudoun.gov/2525/MRC-Members-Page](https://www.loudoun.gov/2525/MRC-Members-Page)
  - [https://training.fema.gov/nims/](https://training.fema.gov/nims/)
  - [https://www.train.org/virginia/welcome](https://www.train.org/virginia/welcome)

- **Address:**
  - Loudoun County Health Department
  - Attn: Francis Rath, MRC Coordinator
  - PO Box 7000 MSC 68-C
  - Leesburg, VA 20177

- **Emails:**
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  - monserrat.hellman@Loudoun.gov
  - mrc@Loudoun.gov
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